

Individual Best Times (All Time)

Tom Arkle - (419381) - East Anglian Swallow Tails - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:49.47	533	F	15/03/14	Suffolk County Championships	Ipswich	Satellite	2
4:55.58	501	H	29/04/12	Satellite of Macclesfield 25th Open Meet	Macclesfield	Satellite	2
4:56.37	497	H	16/10/11	Satellites of Macclesfield Club Championsh	Macclesfield	Satellite	4
4:57.63	491	H	26/09/12	Satellites of Macclesfield Club Champs	Macclesfield	Satellite	4
5:01.41	472	H	03/12/11	Stafford Apex 2011 Licensed Meet	Stafford	Satellite	3
5:03.85	461	H	17/03/12	Cheshire County Championships	Macclesfield	Satellite	2
5:05.03	456	H	03/03/13	Cheshire County Championships	Macclesfield	Satellite	2
5:06.11	451	H	17/04/11	Satellites of Macclesfield Open Meet	Macclesfield	Satellite	2
5:08.21	442	H	26/03/11	Cheshire County Championships	Macclesfield	Satellite	2
5:09.04	438	H	22/01/11	North Midlands ASA Championships 2011	Macclesfield	Satellite	3
5:09.28	437	H	22/01/12	North Midlands Championships	Macclesfield	Satellite	3
5:11.23	429	H	27/03/10	Cheshire County Champs	Macclesfield	Satellite	2
5:12.35	424	H	23/01/10	North Midlands Age Groups	Macclesfield	Satellite	3
5:12.73	423	H	13/10/10	Satellites Club Champs	Macclesfield	Satellite	4
5:13.67	419	H	24/04/10	Satellite Open Meet	Macclesfield	Satellite	2
5:14.36	416	H	06/12/09	Stafford Apex Distance	Stafford	Satellite	2
5:16.01	410	H	24/09/14	Satellite Club Championships	Macclesfield		4
5:18.78	399	H	25/10/09	Chase Roe Buck Open Meet	Wolverhampton	Satellite	2
5:30.53	358	H	21/03/09	Cheshire County Champs	Macclesfield	Satellite	2
5:38.16	334	H	07/12/08	Stafford Apex Long Dist	Stafford	Satellite	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:16.01	410	H	24/09/14	Satellite Club Championships	Macclesfield		4
4:49.47	533	F	15/03/14	Suffolk County Championships	Ipswich	Satellite	2
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4:55.58	501	H	29/04/12	Satellite of Macclesfield 25th Open Meet	Macclesfield	Satellite	2
5:03.85	461	H	17/03/12	Cheshire County Championships	Macclesfield	Satellite	2
5:09.28	437	H	22/01/12	North Midlands Championships	Macclesfield	Satellite	3
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