Individual Best Times (All Time)

Rachel Bate - (418377) - Halton SC - 50 Breaststroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
40.43	345	F	29/05/16	Swim Conwy Whitsun Meet	Llandudno	Halton	2
41.02	330	F	24/05/15	Conwy County Aquatics Whitsun Meet	Llandudno	Halton	2
41.27	324	Н	18/04/15	Knowsley Spring Level 2 Gala	Huyton		2
41.37	322	Н	26/11/16	Wigan BEST Future Stars Open Meet	Wigan	Halton	2
41.45	320	F	16/06/13	Retford SC Annual Open Meet	Sheffield	Warrington W	3
41.63	316	F	07/10/13	Wirral Metro Autumn Open Meet	Birkenhead	Warrington W	2
41.89	310	F	11/04/15	Wirral Metro April Development Meet	Birkenhead	Halton	3
42.46	298	Н	16/03/14	Cheshire County Championships	Macclesfield	Warrington W	2
42.46	298	F	16/10/16	Conwy County Aquatics Autumn Meet	Llandudno	Halton	2
42.50	297	Н	02/03/13	Cheshire County Championships	Macclesfield	Warrington W	2
42.53	296	F	29/09/13	Warriors of Warrington SC Club Champs	Warrington	Warrington W	4
42.80	291	Н	27/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	Warrington W	2
42.90	289	F	30/11/13	WOW Percy Mason Memorial Gala	Warrington	Warrington W	3
43.61	275	F	19/01/13	Holywell Valentine Meet 2013	Holywell	Warrington W	2
43.85	270	F	01/12/12	Percy Mason Memorial Gala	Warrington	Warrington W	3
45.90	236	F	30/06/12	Holywell Summer Sprint Meet 2012	Holywell	Warrington W	4
47.19	217	Н	20/11/11	7th Cheshire Graded Meet	Macclesfield	Warrington W	3
47.30	215	F	02/07/11	Holywell Summer Sprint Meet	Holywell	Warrington W	4
48.00	206	F	14/01/12	Holywell Valentine Meet	Holywell	Warrington W	2
48.46	200	F	14/04/12	City of Bangor Diddy Meet	Bangor	Warrington W	4
48.50	200	Н	25/09/11	City of Stoke on Trent B Grade Meet	Stoke on Trent	Warrington W	3
48.81	196	F	03/12/11	Warriors Warrington Percy Mason Memorial	Warrington	Warrington W	3
48.93	194	F	01/05/11	Wrexham Spring Meet	Wrexham	Warrington W	2
49.84	184	F	15/01/11	Holywell Valentine Meet	Holywell	Warrington W	1
50.22	180	Н	01/10/10	City of Liverpool Tadpole	Liverpool	Warrington W	4
51.54	166	F	04/12/10	Percy Mason Memorial Gala	Warrington	Warrington W	3
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Warrington W

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.37	322	Н	26/11/16	Wigan BEST Future Stars Open Meet	Wigan	Halton	2
42.46	298	F	16/10/16	Conwy County Aquatics Autumn Meet	Llandudno	Halton	2
40.43	345	F	29/05/16	Swim Conwy Whitsun Meet	Llandudno	Halton	2
41.02	330	F	24/05/15	Conwy County Aquatics Whitsun Meet	Llandudno	Halton	2
41.27	324	Н	18/04/15	Knowsley Spring Level 2 Gala	Huyton		2
41.89	310	F	11/04/15	Wirral Metro April Development Meet	Birkenhead	Halton	3
42.46	298	Н	16/03/14	Cheshire County Championships	Macclesfield	Warrington W	2
42.90	289	F	30/11/13	WOW Percy Mason Memorial Gala	Warrington	Warrington W	3
41.63	316	F	07/10/13	Wirral Metro Autumn Open Meet	Birkenhead	Warrington W	2
42.53	296	F	29/09/13	Warriors of Warrington SC Club Champs	Warrington	Warrington W	4
41.45	320	F	16/06/13	Retford SC Annual Open Meet	Sheffield	Warrington W	3
42.80	291	Н	27/04/13	Satellites of Macclesfield 26th Open Meet	Macclesfield	Warrington W	2
42.50	297	Н	02/03/13	Cheshire County Championships	Macclesfield	Warrington W	2
43.61	275	F	19/01/13	Holywell Valentine Meet 2013	Holywell	Warrington W	2
43.85	270	F	01/12/12	Percy Mason Memorial Gala	Warrington	Warrington W	3
45.90	236	F	30/06/12	Holywell Summer Sprint Meet 2012	Holywell	Warrington W	4
48.46	200	F	14/04/12	City of Bangor Diddy Meet	Bangor	Warrington W	4
48.00	206	F	14/01/12	Holywell Valentine Meet	Holywell	Warrington W	2
48.81	196	F	03/12/11	Warriors Warrington Percy Mason Memorial	Warrington	Warrington W	3
47.19	217	Н	20/11/11	7th Cheshire Graded Meet	Macclesfield	Warrington W	3
48.50	200	Н	25/09/11	City of Stoke on Trent B Grade Meet	Stoke on Trent	Warrington W	3
47.30	215	F	02/07/11	Holywell Summer Sprint Meet	Holywell	Warrington W	4
48.93	194	F	01/05/11	Wrexham Spring Meet	Wrexham	Warrington W	2
49.84	184	F	15/01/11	Holywell Valentine Meet	Holywell	Warrington W	1
51.54	166	F	04/12/10	Percy Mason Memorial Gala	Warrington	Warrington W	3
51.59	166	Н	21/11/10	Cheshire Junior Graded	Macclesfield	Warrington W	3
50.22	180	Н	01/10/10	City of Liverpool Tadpole	Liverpool	Warrington W	4
51.85	163	Н	26/09/10	COSACSS B Grade Meet	Stoke-On-Trent	Warrington W	3

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