

Individual Best Times (All Time)

Jacob Cross - (417276) - Rushmoor Royals SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:24.26	203		15/11/08	Haslemere Open Meet	Haslemere	Rushmoor Ryl	1
3:25.50	199		25/04/09	Littlehampton Last Chance	Portsmouth	Rushmoor Ryl	2
3:28.67	190	H	28/01/08	Windsor SC Open	Maidenhead	Rushmoor Ryl	2
3:28.78	190		28/09/08	Littlehampton Dev Chaser	Bognor Regis	Rushmoor Ryl	3
3:29.99	187		08/03/08	Hampshire County Champs	Waterlooville	Rushmoor Ryl	2
3:31.06	184	H	05/12/09	Tigersharks Christmas Mt	Swindon	Rushmoor Ryl	3
3:33.05	179		11/05/08	Hampshire School Champs	Southampton	Rushmoor Ryl	2
3:33.30	178	H	25/01/09	Windsor Centenary Open Mt	Maidenhead	Rushmoor Ryl	2
3:37.10	169		24/05/08	Guildford City Last Chance	Guildford	Rushmoor Ryl	2
3:37.31	169		01/12/07	Guildford City Meet	Guildford	Rushmoor Ryl	1
3:40.92	160	H	20/12/08	Rushmoor Royals Club Chmps	Guildford	Rushmoor Ryl	4
3:41.83	158		10/03/07	Hampshire County Champs	Waterlooville	Rushmoor Ryl	2
3:45.16	151		05/04/07	Portsmouth Northsea Easter	Portsmouth	Rushmoor Ryl	2
3:49.72	143	H	15/12/07	Rushmoor Royal Champ 2007	Various	Rushmoor Ryl	4
3:56.62	130	H	16/12/06	Rushmoor Royals Club Champ	Various	Rushmoor Ryl	4
4:02.50	121	H	02/12/06	Havant & Waterlooville	Waterlooville	Rushmoor Ryl	3
4:17.73	101		08/07/06	Hampshire Development	Waterlooville	Rushmoor Ryl	3

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:31.06	184	H	05/12/09	Tigersharks Christmas Mt	Swindon	Rushmoor Ryl	3
3:25.50	199		25/04/09	Littlehampton Last Chance	Portsmouth	Rushmoor Ryl	2
3:33.30	178	H	25/01/09	Windsor Centenary Open Mt	Maidenhead	Rushmoor Ryl	2
3:40.92	160	H	20/12/08	Rushmoor Royals Club Chmps	Guildford	Rushmoor Ryl	4
3:24.26	203		15/11/08	Haslemere Open Meet	Haslemere	Rushmoor Ryl	1
3:28.78	190		28/09/08	Littlehampton Dev Chaser	Bognor Regis	Rushmoor Ryl	3

3:37.10	169		24/05/08	Guildford City Last Chance	Guildford	Rushmoor Ryl	2
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3:28.67	190	H	28/01/08	Windsor SC Open	Maidenhead	Rushmoor Ryl	2
3:49.72	143	H	15/12/07	Rushmoor Royal Champ 2007	Various	Rushmoor Ryl	4
3:37.31	169		01/12/07	Guildford City Meet	Guildford	Rushmoor Ryl	1
3:45.16	151		05/04/07	Portsmouth Northsea Easter	Portsmouth	Rushmoor Ryl	2
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