

Individual Best Times (All Time)

Jacob Cross - (417276) - Rushmoor Royals SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:57.48	363		03/04/10	Reading Easter Meet	Reading	Rushmoor Ryl	2
5:01.23	349		28/11/09	Haslemere Elite SC Meet	Haslemere	Rushmoor Ryl	2
5:06.02	333	H	24/10/09	Rushmoor Royals Autumn Mt	Aldershot	Rushmoor Ryl	2
5:06.53	331		09/04/09	Portsmouth Northsea Meet	Portsmouth	Rushmoor Ryl	1
5:09.85	321		11/04/09	Reading Easter Open	Reading	Rushmoor Ryl	2
5:12.77	312	H	20/06/10	Cranleigh Summer Open	Cranleigh	Rushmoor Ryl	3
5:13.14	311	H	24/01/09	Windsor Centenary Open Mt	Maidenhead	Rushmoor Ryl	2
5:24.49	279		15/11/08	Haslemere Open Meet	Haslemere	Rushmoor Ryl	1
5:37.03	249	H	26/01/08	Windsor SC Open	Maidenhead	Rushmoor Ryl	2
5:57.38	209		01/12/07	Guildford City Meet	Guildford	Rushmoor Ryl	1

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