

Individual Best Times (All Time)

Jacob Cross - (417276) - Rushmoor Royals SC - 400 Individual Medley - Short Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------|---------|-----------------|-------|
| 6:54.42 | 181 | H | 14/12/07 | Rushmoor Royal Champ 2007 | Various | Rushmoor Ryl | 4 |

Swims in Date Order

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