

Individual Best Times (All Time)

Jacob Cross - (417276) - Rushmoor Royals SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:48.04	248		04/07/10	Hampshire Development	Waterlooville	Rushmoor Ryl	3
2:52.67	228	H	25/01/09	Windsor Centenary Open Mt	Maidenhead	Rushmoor Ryl	2
2:54.31	222		25/04/09	Littlehampton Last Chance	Portsmouth	Rushmoor Ryl	2
2:55.39	218		07/03/09	Hampshire County Champs	Waterlooville	Rushmoor Ryl	2
3:15.02	158		11/03/07	Hampshire County Champs	Waterlooville	Rushmoor Ryl	2
3:19.31	148		01/12/07	Guildford City Meet	Guildford	Rushmoor Ryl	1
3:21.25	144		05/04/07	Portsmouth Northsea Easter	Portsmouth	Rushmoor Ryl	2
3:25.80	135	H	03/12/06	Havant & Waterlooville	Waterlooville	Rushmoor Ryl	3
3:30.56	126	H	15/12/06	Rushmoor Royals Club Champ	Various	Rushmoor Ryl	4

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