## **Individual Best Times (All Time)**

Emily Stenton - (415892) - Alnwick Dolphin SC - 200 Backstroke - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:38.72	420	Н	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	Alnwick Dol	3
2:39.14	417	Н	19/05/12	Wear Valley ASC May L3 Meet	Bishop Auckland	Alnwick Dol	3
2:39.58	414		15/06/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	Alnwick Dol	4
2:40.18	409	Н	08/06/13	Derwentside ASC 4th Annual Charity Swim Meet	Stanley	Alnwick Dol	3
2:42.35	393	Н	29/04/12	Chester le Street Open Meet	Stanley	Alnwick Dol	4
2:42.89	389	Н	27/04/14	Chester Le Street ASC Open Meet	Stanley	Alnwick Dol	3
2:45.47	371	Н	11/12/11	Derwentside Christmas Cracker	Stanley	Alnwick Dol	4
2:47.81	356		12/11/11	North East Invitational Series Meet	Alnwick	Alnwick Dol	4
2:49.56	345	Н	18/09/11	South Tyneside September Meet	Hebburn	Alnwick Dol	4
2:51.57	333	F	14/05/11	Tynemouth Spring Gala	Tynemouth	Alnwick Dol	3
2:52.06	330	Н	14/11/10	Autumn Graded Series 2010	Middlesbrough	Alnwick Dol	3
2:54.90	314	Н	19/09/10	South Tyneside Meet	Hebburn	Alnwick Dol	4
2:59.61	290		04/07/10	Farewell to Felling	Gateshead	Alnwick Dol	3
3:04.84	266		18/01/09	Gateshead Whickham Graded	Gateshead	Alnwick Dol	3
3:06.19	260	Н	04/04/09	City of Newcastle Open	Newcastle upon Tyne	Alnwick Dol	1
3:08.08	252	Н	06/12/08	Wear Valley Xmas Stocking	Woodhouse Close	Alnwick Dol	1
3:09.48	247	Н	20/09/09	N & D Autumn Series	Middlesbrough	Alnwick Dol	3
3:10.31	244	Н	28/09/08	South Tyneside Sept Meet	Hebburn	Alnwick Dol	3
3:15.61	224	Н	21/09/08	Middlesbrough Autumn Meet	Tynemouth	Alnwick Dol	3

## Swims in Date Order

Time	e WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:42	.89 389	Н	27/04/14	Chester Le Street ASC Open Meet	Stanley	Alnwick Dol	3
2:38	.72 420	Н	08/09/13	South Tyneside ASC Autumn Meet	Hebburn	Alnwick Dol	3
2:39	.58 414		15/06/13	Alnwick Dolphins Time Trials & Club Champs	Alnwick	Alnwick Dol	4
2:40 Copyright		Н	08/06/13	Derwentside ASC 4th Annual Charity Swim Meet	Stanlev	Alnwick Dol Powered By SPORTS	3 SYSTEMS

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2:39.14	417	Н	19/05/12	Wear Valley ASC May L3 Meet	Bishop Auckland	Alnwick Dol	3
2:42.35	393	Н	29/04/12	Chester le Street Open Meet	Stanley	Alnwick Dol	4
2:45.47	371	Н	11/12/11	Derwentside Christmas Cracker	Stanley	Alnwick Dol	4
2:47.81	356		12/11/11	North East Invitational Series Meet	Alnwick	Alnwick Dol	4
2:49.56	345	Н	18/09/11	South Tyneside September Meet	Hebburn	Alnwick Dol	4
2:51.57	333	F	14/05/11	Tynemouth Spring Gala	Tynemouth	Alnwick Dol	3
2:52.06	330	Н	14/11/10	Autumn Graded Series 2010	Middlesbrough	Alnwick Dol	3
2:54.90	314	Н	19/09/10	South Tyneside Meet	Hebburn	Alnwick Dol	4
2:59.61	290		04/07/10	Farewell to Felling	Gateshead	Alnwick Dol	3
3:09.48	247	Н	20/09/09	N & D Autumn Series	Middlesbrough	Alnwick Dol	3
3:06.19	260	Н	04/04/09	City of Newcastle Open	Newcastle upon Tyne	Alnwick Dol	1
3:04.84	266		18/01/09	Gateshead Whickham Graded	Gateshead	Alnwick Dol	3
3:08.08	252	Н	06/12/08	Wear Valley Xmas Stocking	Woodhouse Close	Alnwick Dol	1
3:10.31	244	Н	28/09/08	South Tyneside Sept Meet	Hebburn	Alnwick Dol	3
3:15.61	224	Н	21/09/08	Middlesbrough Autumn Meet	Tynemouth	Alnwick Dol	3

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