

Individual Best Times (All Time)

Michael Fabes - (412591) - Abingdon Vale SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:28.48	494	H	26/03/16	City of Birmingham 23rd Open Meet	Birmingham	Didcot & Bar	2
4:32.09	474	F	17/01/16	Oxfordshire & North Bucks County Champs	Aylesbury		2
4:37.30	448	F	26/04/15	CO Milton Keynes Annual Spring Open Meet	Milton Keynes		3
4:38.23	443	H	28/11/15	COSC L3 Open Meet	Oxford	Didcot & Bar	3
4:43.22	420	H	29/11/14	COSC Nov 2014 Level 3 Open Meet	Oxford		3
4:44.27	416	F	18/01/15	Oxfordshire & North Bucks County Champs	Aylesbury	Didcot & Bar	2
4:45.88	409	F	05/10/14	Maxwell Autumn Meet	Aylesbury		3
4:49.25	395	F	16/02/14	Oxfordshire & N Bucks County Championships	Aylesbury	Didcot & Bar	2
4:49.95	392	H	12/01/14	Tigersharks Winter Open Meet 2014	Swindon	Didcot & Bar	3
4:55.84	369	F	19/01/14	Maxwell Swim Club January Meet	Aylesbury	Didcot & Bar	2
4:56.33	367	F	17/02/13	Oxfordshire & N Bucks County Championships	Aylesbury	Didcot & Bar	2
4:57.44	363	F	19/02/12	Oxon & North Bucks County Championships	Aylesbury	Didcot & Bar	2
4:57.97	361	F	20/01/13	Maxwell SC January Meet	Aylesbury	Didcot & Bar	2
4:58.34	360	F	06/10/12	Maxwell Autumn Meet 2012	Aylsbury	Didcot & Bar	3
5:01.32	349	F	20/02/11	Oxfordshire & North Buckinghamshire Champs	Aylesbury	Didcot & Bar	2
5:03.07	343	F	29/04/12	City of Milton Keynes Spring Open Meet	Bletchley	Didcot & Bar	2
5:05.25	336	F	23/01/11	Maxwell January Meet	Aylesbury	Didcot & Bar	2
5:08.78	324	H	02/10/11	City of Oxford Club Championships	Oxford	Didcot & Bar	4
5:08.80	324	H	23/10/10	Chase Roebuck Open Meet	Stafford	Didcot & Bar	2
5:09.31	323	F	22/01/12	Maxwell January Open Meet	Aylesbury	Didcot & Bar	2
5:11.25	317	H	04/12/10	City of Oxford Open Meet	Oxford	Didcot & Bar	2
5:21.49	287	F	21/02/10	Oxon & North Bucks County	Milton Keynes	Didcot & Bar	2
5:26.72	274	H	05/12/09	City of Oxford Meet	Oxford	Didcot & Bar	2
5:32.14	260		22/02/09	Oxon & North Bucks Champs	Aylesbury	Didcot & Bar	2
5:39.57	244	H	06/12/08	City of Oxford Winter Mt	Cowley	Didcot & Bar	2
5:40.91	241	H	18/01/09	Tigersharks Winter Open	Swindon	Didcot & Bar	2
5:50.10	206	H	05/05/08	Tigersharks Last Chance	Swindon	Didcot & Bar	2

Swims in Date Order

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5:39.57	244	H	06/12/08	City of Oxford Winter Mt	Cowley	Didcot & Bar	2
5:59.19	206	H	25/05/08	Tigersharks Last Chance	Swindon	Didcot & Bar	2