

Individual Best Times (All Time)

Ross Leslie - (411364) - Edinburgh University - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:39.22	594	F	09/11/14	Ren 96 Open Meet	Renfrew	Rutherglen	2
4:40.07	589	F	15/12/13	Scottish National Short Course Open Meet	Edinburgh	Rutherglen	1
4:45.34	557	F	31/08/14	North Ayrshire Distance Meet	Auchenharvie	Rutherglen	2
4:46.68	549	F	02/11/13	SASA West District SC SAG	Dumfries	Rutherglen	1
4:55.97	499		03/11/12	2012 SASA West District SAG Champs	Grangemouth	Rutherglen	1
5:05.92	452	F	09/09/12	North Ayrshire ASC Distance Meet	Ayrshire	Rutherglen	2
5:07.17	446		12/05/12	SASA West District Group 3 Championships	Dumfries	Rutherglen	1
5:15.03	414		19/11/11	West Disitric Group 6 Meet	Grangemouth	Rutherglen	1
5:17.58	404	F	16/12/11	Scottish Gas National Short Course Open	Inverness	Rutherglen	1
5:24.73	378	F	09/01/11	British Gas Scottish National SC Open	Glasgow	Rutherglen	1
5:25.90	374		21/11/10	West District Group 6	Grangemouth	Rutherglen	1
5:31.65	354		20/02/10	West District Group 1	Cumbernauld	Rutherglen	1
5:39.01	332		28/11/09	West District Group 6	Grangemouth	Rutherglen	1
5:52.78	294		16/05/09	West District Grp 3 Champ	Dumfries	Rutherglen	1
6:00.21	277		21/02/09	SASA West District Grp 1	Johnstone	Rutherglen	1

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