

Individual Best Times (All Time)

Ben Friar - (411127) - Team Ipswich Swimming - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:01.65	289	F	03/11/13	Teamipswich Swimming November Open Meet	Ipswich	teamipswich	3
3:01.92	288	F	13/04/14	Teamipswich Last Chance April Open	Ipswich	teamipswich	3
3:04.13	277	H	28/10/12	Teamipswich 14th Open Meet	Ipswich	teamipswich	2
3:05.38	272		22/06/13	Suffolk County Development Championships	Newmarket	teamipswich	3
3:06.44	267	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	teamipswich	3
3:12.37	243	H	17/03/12	Suffolk County Championships	Newmarket	teamipswich	2
3:12.73	242	H	23/10/11	teamipswich 13th Open Meet	Ipswich	teamipswich	2
3:13.09	240	H	15/01/12	teamipswich Swimming New Year Opener	Ipswich	teamipswich	4
3:20.31	215		12/03/11	Suffolk County Championships	Ipswich	teamipswich	2
3:21.31	212	H	09/01/11	teamipswich 12th Licensed Open Meet	Ipswich	teamipswich	3
3:24.42	203	H	23/10/10	teamipswich 25th Open Meet	Ipswich	teamipswich	2
3:25.53	199		14/03/10	Suffolk County Champs	Ipswich	teamipswich	2
3:30.22	186	H	01/11/09	teamipswich Junior Open	Ipswich	teamipswich	2
3:47.44	147		08/03/09	Suffolk County Champs	Ipswich	teamipswich	2
4:19.91	98		22/06/08	Suffolk County Develop Ch	Ipswich	teamipswich	3

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