

# Individual Best Times (All Time)

Ben Friar - (411127) - Team Ipswich Swimming - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:22.66	299	F	13/07/14	Teamipswich SC July Surprize Open	Ipswich	teamipswich	3
1:23.40	291	F	18/01/14	Teamipswich January Last Chance Meet	Ipswich	teamipswich	3
1:23.97	285	F	02/11/13	Teamipswich Swimming November Open Meet	Ipswich	teamipswich	3
1:25.37	271	F	24/11/13	Teamipswich Club Championships	Ipswich	teamipswich	4
1:25.81	267	F	18/11/12	Teamipswich Club Championships	Ipswich	teamipswich	4
1:26.55	260	F	13/04/14	Teamipswich Last Chance April Open	Ipswich	teamipswich	3
1:28.09	247	H	27/10/12	Teamipswich 14th Open Meet	Ipswich	teamipswich	2
1:28.54	243	H	10/03/12	Suffolk County Championships	Newmarket	teamipswich	2
1:28.81	241		22/06/13	Suffolk County Development Championships	Newmarket	teamipswich	3
1:29.65	234	H	10/07/11	teamipswich Summer Sprints	Ipswich	teamipswich	3
1:31.34	221	H	22/10/11	teamipswich 13th Open Meet	Ipswich	teamipswich	2
1:32.36	214	H	11/12/11	Cambridgeshire County 3 Counties Gala	Peterborough	teamipswich	3
1:33.68	205		27/11/11	Teamipswich Club Championships	Ipswich	teamipswich	4
1:33.77	204	H	14/01/12	teamipswich Swimming New Year Opener	Ipswich	teamipswich	4
1:33.96	203		05/03/11	Suffolk County Championships	Ipswich	teamipswich	2
1:34.50	200		05/03/11	Suffolk County Championships	Ipswich	teamipswich	2
1:35.76	192	H	11/07/10	Teamipswich Summer Sprint	Ipswich	teamipswich	3
1:41.57	161	H	11/07/09	teamipswich Summer Sprints	Ipswich	teamipswich	3

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