

Individual Best Times (All Time)

Ben Friar - (411127) - Team Ipswich Swimming - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:46.10	257		23/06/13	Suffolk County Development Championships	Newmarket	teamipswich	3
2:52.47	229	H	09/01/11	teamipswich 12th Licensed Open Meet	Ipswich	teamipswich	3
2:53.23	226		13/03/11	Suffolk County Championships	Ipswich	teamipswich	2
2:54.13	223	H	24/10/10	teamipswich 25th Open Meet	Ipswich	teamipswich	2
2:55.01	219		06/03/10	Suffolk County Champs	Ipswich	teamipswich	2
3:00.69	199	H	31/10/09	teamipswich Junior Open	Ipswich	teamipswich	2
3:21.17	144		14/03/09	Suffolk County Champs	Ipswich	teamipswich	2
3:33.46	121		21/06/08	Suffolk County Develop Ch	Ipswich	teamipswich	3

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