

# Individual Best Times (All Time)

Ben Friar - (411127) - Team Ipswich Swimming - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:16.26	254	H	28/10/12	Teamipswich 14th Open Meet	Ipswich	teamipswich	2
1:16.52	251	F	24/11/13	Teamipswich Club Championships	Ipswich	teamipswich	4
1:17.19	245	F	18/11/12	Teamipswich Club Championships	Ipswich	teamipswich	4
1:17.44	243	F	13/04/14	Teamipswich Last Chance April Open	Ipswich	teamipswich	3
1:17.68	240		23/06/13	Suffolk County Development Championships	Newmarket	teamipswich	3
1:19.50	224	H	23/10/11	teamipswich 13th Open Meet	Ipswich	teamipswich	2
1:20.45	216		12/03/11	Suffolk County Championships	Ipswich	teamipswich	2
1:20.50	216	H	15/01/12	teamipswich Swimming New Year Opener	Ipswich	teamipswich	4
1:20.64	215	H	10/07/11	teamipswich Summer Sprints	Ipswich	teamipswich	3
1:22.38	201		27/11/11	Teamipswich Club Championships	Ipswich	teamipswich	4
1:23.82	191	H	11/07/10	Teamipswich Summer Sprint	Ipswich	teamipswich	3
1:28.82	161	H	11/07/09	teamipswich Summer Sprints	Ipswich	teamipswich	3

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1:20.45	216		12/03/11	Suffolk County Championships	Ipswich	teamipswich	2
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1:28.82

161

H

11/07/09

teamipswich Summer Sprints

Ipswich

teamipswich

3