

Individual Best Times (All Time)

Joseph Akik - (409542) - Bolton Metro Swimming Squad - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-----------------------------|------------|-----------------|-------|
| 1:17.93 | 238 | H | 19/06/11 | Central Lancs Championships | Bury | Bury & Elton | 3 |
| 1:23.74 | 192 | H | 05/12/10 | Bolton Metro Christmas Meet | Manchester | Bury & Elton | 3 |
| 1:32.55 | 142 | H | 06/12/09 | Bolton Metro Xmas Sprint | Bury | Bury & Elton | 3 |

Swims in Date Order

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