

Individual Best Times (All Time)

Emily Cairns - (404736) - Tynemouth SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.26	456	H	20/03/16	North Tyneside Mad March Hare Extravaganza	Staney	Tynemouth	3
2:23.46	454	H	10/04/16	Gateshead & Whickham Spring Meet	Dunston	Tynemouth	3
2:24.18	447	F	11/10/15	Tynemouth ASC Autumn NER Qualifier	Tynemouth	Tynemouth	3
2:24.41	445	H	19/04/15	South Tyneside ASC Spring Meet	South Shields		3
2:24.93	440	H	09/01/16	Newcastle Swim Team Last Chance County Qualifier	South Shields	Tynemouth	3
2:24.95	440	H	15/11/14	Borough Of Stockton Swim Scheme Meet	Billingham	Tynemouth	3
2:24.95	440	H	29/03/15	North Tyneside Mad March Hare Extravaganza	Stanley		3
2:25.45	436	H	26/10/14	Middlesbrough Halloween Open Meet	Middlesbrough		2
2:27.29	420	F	12/03/17	Tynemouth Spring Gala	Tynemouth	Tynemouth	3
2:27.81	415	H	13/04/14	South Tyneside Spring Meet	South Shields	Tynemouth	3
2:28.51	409	H	06/07/13	Newburn ASC 7th Annual Summer Gala	Tynemouth	Tynemouth	3
2:29.02	405	H	27/10/13	Middlesbrough Halloween Open	Middlesbrough	Tynemouth	2
2:29.16	404	H	02/10/16	South Tyneside Swim Team Autumn Meet	South Shields	Tynemouth	3
2:32.45	378	F	19/10/13	Tynemouth ASC Autumn Gala	Tynemouth	Tynemouth	3
2:33.13	373	H	18/05/13	Wear Valley May Level 3 Meet	Bishop Auckland	Tynemouth	3
2:33.93	368	H	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
2:35.82	354	F	13/10/12	Tynemouth ASC Autumn Gala	Tynemouth	Tynemouth	3
2:35.85	354	H	08/12/12	Derwentside ASC Christmas Cracker Meet	Stanley	Tynemouth	3
2:43.90	304	H	19/05/12	Wear Valley ASC May L3 Meet	Bishop Auckland	Tynemouth	3
2:47.69	284	F	16/10/11	Tynemouth Autumn Gala	Tynemouth	Tynemouth	3
2:48.14	282		18/02/12	Durham City Very Last Chance Gala	Durham	Tynemouth	4
2:50.84	269	H	10/07/11	Newburn Summer Meet	Stanley	Tynemouth	3
2:50.86	269	F	30/10/11	Tynemouth ASC Time Trials & Club Champs	Tynemouth	Tynemouth	4
3:01.93	222	F	11/06/11	Tynemouth Time Trials	Tynemouth	Tynemouth	4
3:10.97	192	H	21/11/10	Newcastle Shrimp Meet	Newcastle	Tynemouth	4
3:11.20	192	F	15/01/11	Tynemouth New Year Gala	Tynemouth	Tynemouth	3
3:16.01	175	H	10/02/10	South Tyneside Meet	Hoburn	Tynemouth	4

3:16.91	175	H	19/09/10	South Tyneside Meet	Hebburn	Tynemouth	
3:22.69	161	F	25/04/10	Tynemouth Time Trials	Tynemouth	Tynemouth	4

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