

Individual Best Times (All Time)

Adam-James Lamb - (400028) - Chase SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
59.57	534	F	16/03/13	Staffordshire County Championships	Stafford	Chase	2
1:00.37	513	F	17/03/12	Staffordshire County Championships	Stafford	Chase	2
1:00.51	509	H	16/03/13	Staffordshire County Championships	Stafford	Chase	2
1:00.60	507	H	01/12/12	Midland Winter Championships 2012	Corby	Chase	2
1:00.78	502	H	03/11/12	Chase SC 19th Roebuck Open Meet 2012	Wolverhampton	Chase	2
1:00.85	501	H	20/10/13	BG ASA National County Team Division 2	Sheffield	Chase	2
1:01.13	494	H	21/10/12	BG ASA National County Team Division 1	Sheffield	Chase	2
1:01.56	483	H	17/03/12	Staffordshire County Championships	Stafford	Chase	2
1:01.86	476	H	16/10/11	BG ASA National County Team Division 2	Sheffield	Chase	2
1:02.30	466	H	02/11/13	Chase SC Roebuck Open Meet	Wolverhampton	Chase	2
1:02.46	463	H	08/12/13	Midland Short Course 2013	Stafford	Chase	2
1:02.87	454	H	22/10/11	Chase Roebuck 8th Open Meet	Wolverhampton	Chase	2
1:02.97	452	H	03/12/11	British Gas Midlands Winter Championships	Corby	Chase	2
1:03.40	442	H	07/05/11	COSACSS Y2K 2011	Stoke-On-Trent	Chase	2
1:03.50	440	F	19/03/11	Staffordshire County Championships	Wolverhampton	Chase	2
1:03.80	434	H	19/03/11	Staffordshire County Championships	Wolverhampton	Chase	2
1:04.47	421	H	15/03/14	Staffordshire County Championships	Stafford	Chase	2
1:05.72	397	H	20/03/10	Staffordshire County Champ	Wolverhampton	Chase	2
1:05.82	395	H	23/10/10	Chase Roebuck Open Meet	Stafford	Chase	2
1:06.46	384		03/04/10	City of Birmingham 17th Meet	Birmingham	Chase	2
1:07.87	361	H	23/01/10	Brierley Hill Open Meet	Wolverhampton	Chase	2
1:16.13	255	H	12/07/09	Wolverhampton Sprint Meet	Wolverhampton	Chase	3
1:16.39	253	H	16/05/09	COSACSS Open Meet	Stoke-On-Trent	Chase	2
1:17.97	238	H	21/03/09	Staffordshire County Chmp	Wolverhampton	Chase	2
1:30.74	151	H	27/10/07	Chase Roebuck Open	Wolverhampton	Chase	2

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