

Individual Best Times (All Time)

Adam-James Lamb - (400028) - Chase SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.50	466	H	16/03/14	Staffordshire County Championships	Stafford	Chase	2
28.58	462	F	16/03/14	Staffordshire County Championships	Stafford	Chase	2
28.59	462	F	07/12/13	Midland Short Course 2013	Stafford	Chase	2
28.63	460	R	20/10/13	BG ASA National County Team Division 2	Sheffield	Chase	2
28.67	458	H	02/12/12	Midland Winter Championships 2012	Corby	Chase	2
28.68	458	H	07/12/13	Midland Short Course 2013	Stafford	Chase	2
28.95	445	F	17/03/13	Staffordshire County Championships	Stafford	Chase	2
28.99	443	H	17/03/13	Staffordshire County Championships	Stafford	Chase	2
29.11	438	F	18/03/12	Staffordshire County Championships	Stafford	Chase	2
29.18	435	H	18/03/12	Staffordshire County Championships	Stafford	Chase	2
29.54	419	H	19/11/11	Stockport Metro November Open Meet	Stockport	Chase	2
29.61	416	F	20/03/11	Staffordshire County Championships	Wolverhampton	Chase	2
29.62	415	F	21/10/12	BG ASA National County Team Division 1	Sheffield	Chase	2
29.63	415	R	16/10/11	BG ASA National County Team Division 2	Sheffield	Chase	2
29.72	411	H	20/03/11	Staffordshire County Championships	Wolverhampton	Chase	2
31.23	354	H	21/03/10	Staffordshire County Champ	Wolverhampton	Chase	2
35.11	249	H	12/07/09	Wolverhampton Sprint Meet	Wolverhampton	Chase	3
37.04	212	H	22/03/09	Staffordshire County Chmp	Wolverhampton	Chase	2
38.77	185	H	16/03/08	Staffordshire County Chmp	Wolverhampton	Chase	2
44.36	123		07/01/07	Stourbridge Crystal Open	Wolverhampton	Chase	2
45.73	113	H	18/03/07	Staffordshire Champs	Wolverhampton	Chase	2

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