

# Individual Best Times (All Time)

Rhys Cole - (399362) - Taunton Deane SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:58.60	703	F	01/03/15	Somerset ASA Championships	Millfield	TauntonDeane	2
4:01.11	682	H	08/12/13	ASA SWR Short Course Championships	Millfield	TauntonDeane	2
4:01.93	675	F	15/11/14	Millfield & Taunton Super Series	Millfield	TauntonDeane	2
4:02.53	670	F	18/10/14	Greater Gwent Fast Water Open Meet	Newport	TauntonDeane	2
4:03.04	666		30/11/14	Swin Bournemouth 6th Christmas Open Meet	Bournemouth	TauntonDeane	2
4:03.57	661	F	20/10/13	Great Gwent Fast Water Meet level 2	Newport	TauntonDeane	2
4:03.80	659	F	09/03/14	Somerset County Championships	Millfield	TauntonDeane	2
4:03.97	658	F	16/11/13	Millfield & Taunton Deane L2 Meet	Millfield	TauntonDeane	2
4:11.72	599	F	17/02/13	Somerset ASA County Championships	Millfield	TauntonDeane	2
4:16.52	566	H	02/12/12	ASA South West Regional Championships	Street	TauntonDeane	2
4:18.38	554		21/10/12	Greater Gwent Fast Water Open Meet	Newport	TauntonDeane	2
4:24.54	516	F	19/02/12	Somerset ASA County Championships 2012	Millfield	TauntonDeane	2
4:24.54	516	F	19/02/12	Somerset ASA Annual Development Meet	Millfield	TauntonDeane	3
4:32.31	473		23/10/11	Greater Gwent Fast Water Open Meet	Newport	TauntonDeane	4
4:36.36	453	F	30/04/11	City of Newport Spring Open Meet	Newport	TauntonDeane	1
4:37.39	447		20/02/11	Somerset County Championships	Millfield	TauntonDeane	2
4:38.49	442	H	16/01/11	Tigersharks Winter Open Meet	Swindon	TauntonDeane	2
4:51.63	385		24/10/10	Greater Gwent Open Water	Newport	TauntonDeane	1
4:52.13	383	F	01/05/10	City of Newport Spring Meet	Newport	TauntonDeane	1
4:54.00	376	F	15/05/10	Guildford City Open Meet	Guildford	TauntonDeane	2
4:55.05	372		21/02/10	Somerset County Champs	Hutton Moor	TauntonDeane	2
4:55.21	371	H	17/01/10	Tigersharks Winter Meet	Swindon	TauntonDeane	2
4:58.03	361	H	03/04/10	Weston Super Mare Easter	Hutton Moor	TauntonDeane	3
5:02.90	344		25/10/09	Greater Gwent Fast Water	Newport	TauntonDeane	2
5:24.72	279		22/02/09	Somerset County Champs	Hutton Moor	TauntonDeane	2
5:28.95	268		03/05/09	City of Newport Spring Mt	Newport	TauntonDeane	1
5:00.00	268	H	11/04/09	Weston Super Mare Open	Hutton Moor	TauntonDeane	3

5:29.06	200	H	11/04/09	Weston Super Mare Open	Hutton Moor	TauntonDeane
5:39.00	245		20/12/08	Taunton Deane Xmas Meet	Taunton	TauntonDeane

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