

Individual Best Times (All Time)

Rhys Cole - (399362) - Taunton Deane SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:36.48	612	F	08/03/15	Somerset ASA Championships	Millfield	TauntonDeane	2
4:38.07	602	F	16/11/14	Millfield & Taunton Super Series	Millfield	TauntonDeane	2
4:40.29	587	F	16/03/14	Somerset County Championships	Millfield	TauntonDeane	2
4:40.92	583	F	19/10/14	Greater Gwent Fast Water Open Meet	Newport	TauntonDeane	2
4:42.18	576		29/11/14	Swin Bournemouth 6th Christmas Open Meet	Bournemouth	TauntonDeane	2
4:42.60	573	F	17/11/13	Millfield & Taunton Deane L2 Meet	Millfield	TauntonDeane	2
4:43.33	569	H	07/12/13	ASA SWR Short Course Championships	Millfield	TauntonDeane	2
4:45.48	556	F	19/10/13	Great Gwent Fast Water Meet level 2	Newport	TauntonDeane	2
4:49.42	534	H	06/12/14	ASA South West Region Short Course Champs	Millfield		2
4:51.75	521	F	03/03/13	Somerset County Championships	Millfield	TauntonDeane	2
4:51.82	520		20/10/12	Greater Gwent Fast Water Open Meet	Newport	TauntonDeane	2
4:52.40	517	H	01/12/12	ASA South West Regional Championships	Street	TauntonDeane	2
5:01.55	472	F	04/03/12	Somerset County Championships	Millfield	TauntonDeane	2
5:09.98	434		22/10/11	Greater Gwent Fast Water Open Meet	Newport	TauntonDeane	4
5:13.36	420		06/03/11	Somerset County Championships	Millfield	TauntonDeane	2
5:27.68	367		23/10/10	Greater Gwent Open Water	Newport	TauntonDeane	1
5:33.04	350		07/03/10	Somerset County Champs	Hutton Moor	TauntonDeane	2
5:45.10	315	H	17/01/10	Tigersharks Winter Meet	Swindon	TauntonDeane	2
5:48.15	306		24/10/09	Greater Gwent Fast Water	Newport	TauntonDeane	2
6:08.48	258		24/05/09	Guildford City Warm Up	Guildford	TauntonDeane	2
6:09.05	257		08/03/09	Somerset County Champs	Hutton Moor	TauntonDeane	2
6:25.92	225		20/12/08	Taunton Deane Xmas Meet	Taunton	TauntonDeane	4
6:48.18	190	H	25/05/08	Tigersharks Last Chance	Swindon	TauntonDeane	2

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