

Individual Best Times (All Time)

Jacob Greenow - (399355) - Bradford-On-Avon ASC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:57.83	805	F	04/12/21	Swim England National Winter Championships (25m)	Sheffield	Bath Univ	2
1:58.77	786	F	15/12/18	SE Winter Championships 2018	Sheffield	Bath Univ	2
1:59.74	767	F	16/10/21	Team Bath AS TYR Super Series	Millfield		2
1:59.77	766	H	15/12/18	SE Winter Championships 2018	Sheffield	Bath Univ	2
2:00.07	761	F	15/12/16	ASA Winter Meet 2016	Sheffield	TauntonDeane	2
2:00.19	758	H	04/12/21	Swim England National Winter Championships (25m)	Sheffield	Bath Univ	2
2:00.37	755	F	21/10/18	Millfield School & Street SC TYR	Millfield School	Bath Univ	2
2:00.85	746	F	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
2:00.98	744	H	15/12/16	ASA Winter Meet 2016	Sheffield	TauntonDeane	2
2:01.23	739	F	16/12/22	Swim Wales Winter Championships 2022	Swansea		2
2:01.26	738	F	29/10/16	Millfield & Taunton Super Series	Millfield	TauntonDeane	2
2:01.97	726	F	17/12/15	ASA Winter Meet	Sheffield	TauntonDeane	2
2:02.06	724	H	17/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
2:02.39	718	F	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
2:02.60	715	F	29/01/16	Somerset ASA County Championships	Millfield	TauntonDeane	2
2:02.64	714	F	15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield		2
2:02.73	712	H	17/12/15	ASA Winter Meet	Sheffield	TauntonDeane	2
2:03.29	703	F	12/11/17	BUCS Short Course Swimming Championships	Sheffield		2
2:03.74	695	F	07/11/15	ASA South West Short Course Championships	Millfield		2
2:03.83	693	H	16/12/22	Swim Wales Winter Championships 2022	Swansea		2
2:03.88	693	H	11/11/18	BUCS Short Course Swimming Championships 2018	Sheffield		2
2:03.96	691	F	22/03/15	Somerset ASA Championships	Millfield	TauntonDeane	2
2:04.49	682	F	31/10/15	Millfield & Taunton Super Series	Millfield	TauntonDeane	2
2:04.49	682	H	12/11/17	BUCS Short Course Swimming Championships	Sheffield		2
2:05.54	665	F	15/11/14	Millfield & Taunton Super Series	Millfield	TauntonDeane	2
2:06.45	651	F	06/12/14	ASA South West Region Short Course Champs	Millfield		2
2:07.07	640	F	22/02/14	Somerset County Championships	Millfield	TauntonDeane	2

2:07.07	642	F	23/03/14	Somerset County Championships	Millfield	TauntonDeane	2
2:07.28	639	F	17/10/15	Greater Gwent Fast Water Open Meet 2015	Newport	TauntonDeane	2
2:07.58	634	H	07/11/15	ASA South West Short Course Championships	Millfield		2
2:09.09	612	F	07/12/13	ASA SWR Short Course Championships	Millfield	TauntonDeane	2
2:09.11	612	H	29/01/16	Somerset ASA County Championships	Millfield	TauntonDeane	2
2:09.86	601	H	07/12/13	ASA SWR Short Course Championships	Millfield	TauntonDeane	2
2:09.94	600	H	06/12/14	ASA South West Short Course Championships	Millfield		4
2:11.97	573	F	20/10/13	Great Gwent Fast Water Meet level 2	Newport	TauntonDeane	2
2:13.78	550	F	25/10/14	Taunton Deane Grand Prix Series	Taunton	TauntonDeane	4
2:13.93	548	F	10/03/13	Somerset County Championships	Millfield	TauntonDeane	2
2:14.27	544	F	26/10/13	Taunton Deane Club Grand Prix Series	Taunton	TauntonDeane	4
2:18.89	491	H	01/12/12	ASA South West Regional Championships	Street	TauntonDeane	2
2:23.81	443	F	11/03/12	Somerset County Championships	Millfield	TauntonDeane	2
2:24.08	440	F	27/10/12	Taunton Deane Annual Club Championships	Taunton	TauntonDeane	4
2:31.30	380		23/10/11	Greater Gwent Fast Water Open	Newport	TauntonDeane	1
2:32.55	371		13/03/11	Somerset County Championships	Millfield	TauntonDeane	2
2:35.32	351		29/10/11	Taunton Deane Swimming Annual Champs	Taunton	TauntonDeane	4
2:39.68	323		14/03/10	Somerset County Champs	Hutton Moor	TauntonDeane	2
2:40.48	318		24/10/10	Greater Gwent Open Water	Newport	TauntonDeane	1
2:42.39	307		30/10/10	Taunton Deane Club Champs	Taunton	TauntonDeane	4
2:46.12	287		25/10/09	Greater Gwent Fast Water	Newport	TauntonDeane	2
2:48.95	273		31/10/09	Taunton Deane Grand Prix	Taunton Deane	TauntonDeane	4
2:53.14	253		23/05/09	Guildford City Warm Up	Guildford	TauntonDeane	2
2:54.32	248	H	11/04/09	Weston Super Mare Open	Hutton Moor	TauntonDeane	2
2:58.26	232	H	22/11/08	Hereford Open Meet	Hereford	TauntonDeane	2
3:05.29	207		26/10/08	Greater Gwent Open	Newport	TauntonDeane	2
3:08.97	195		28/06/08	Clevedon & Chard Open Mt	Weston Super Mare	TauntonDeane	3
3:10.32	191	H	25/05/08	Tigersharks Last Chance	Swindon	TauntonDeane	2
3:17.61	170	H	16/03/08	Somerset County Champs	Weston Super Mare	TauntonDeane	2
3:26.55	149	H	13/01/08	Tigersharks Winter Meet	Swindon	TauntonDeane	2

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