

Individual Best Times (All Time)

Ashley Trent - (399074) - City of Cambridge SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:32.22	491	F	01/11/14	City of Norwich Big Bang Meet	Norwich	Co Cambridge	2
2:32.49	489	H	28/03/15	Cambridgeshire ASA County Championships	Cambridge		2
2:35.13	464	H	07/12/14	ASA East Region Winter Championships	Luton		2
2:35.62	460	F	11/05/13	West Suffolk SC Open Meet	Bury St Edmunds	Co Cambridge	3
2:35.98	457	F	03/11/13	Teamipswich Swimming November Open Meet	Ipswich	Co Cambridge	3
2:36.28	454	H	12/01/14	City of Cambridge Winter Meet	Cambridge	Co Cambridge	2
2:36.48	452	H	11/01/15	City of Cambridge Winter Open Short Course	Parkside		2
2:37.86	441	H	17/03/13	Cambridgeshire ASA County Championships	Cambridge	Co Cambridge	2
2:39.35	428	H	28/10/12	Teamipswich 14th Open Meet	Ipswich	Co Cambridge	2
2:39.56	427	H	17/03/12	Cambridgeshire County Championships	Peterborough	Co Cambridge	2
2:40.20	421	H	13/01/13	Cambridge 2013 January Open Meet	Cambridge	Co Cambridge	2
2:40.43	420	F	31/03/12	City of Peterborough Open Meet	Peterborough	Co Cambridge	2
2:40.47	419	H	12/05/12	Hatfield SC UK Challenge	Hatfield	Co Cambridge	2
2:40.72	417	H	05/10/14	City of Cambridge Club Championships	Cambridge		4
2:42.29	405		18/12/11	Stowmarket No Frills Open Meet	Stowmarket	Co Cambridge	4
2:43.06	400	H	15/01/12	City of Cambridge Winter Short Course Meet	Cambridge	Co Cambridge	2
2:46.63	374	F	05/11/11	City of Norwich The Big Bang 2011	Norwich	Co Cambridge	2
2:49.80	354		24/04/11	Newmarket 3rd Annual Open Meet	Newmarket	Co Cambridge	3
2:49.82	354	H	16/01/11	City of Cambridge Winter Open Meet	Cambridge	Co Cambridge	2
2:52.01	340		12/03/11	Suffolk County Championships	Ipswich	Co Cambridge	2
2:54.35	327	F	07/05/11	West Suffolk Open Meet	Bury St Edmunds	Co Cambridge	2
2:59.56	299		14/03/10	Suffolk County Champs	Ipswich	Co Cambridge	2
3:04.88	274	H	17/01/10	City of Cambridge Open	Cambridge	Co Cambridge	2
3:19.64	218		08/03/09	Suffolk County Champs	Ipswich	Co Cambridge	2
3:19.92	217		25/04/09	Newmarket & District Open	Newmarket	Co Cambridge	2
3:21.87	210	H	18/01/09	teamipswich 10th Open	Ipswich	Co Cambridge	2
3:24.43	202		15/11/09	West Suffolk Autumn Open	Bury St Edmunds	Co Cambridge	2

3:24.40	203		15/11/08	West Suffolk Autumn Open	Bury St Edmunds	Co Cambridge	3
3:27.83	193		02/03/08	Suffolk County Champs	Ipswich	Co Cambridge	2
3:39.52	164	H	20/01/08	Team Ipswich Open Meet	Ipswich	Co Cambridge	2
3:45.72	150		21/04/07	West Suffolk Open Meet	Bury St Edmunds	Co Cambridge	2
3:52.17	138	H	10/03/07	Suffolk County Champs	Ipswich	Co Cambridge	2
3:58.56	127	H	21/01/07	City of Cambridge	Cambridge	Co Cambridge	2

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