

Individual Best Times (All Time)

Ashley Trent - (399074) - City of Cambridge SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:20.17	542	H	10/01/14	City of Cambridge Winter Meet	Cambridge	Co Cambridge	2
4:24.21	518	H	09/10/14	City of Cambridge Club Championships	Cambridge		4
4:24.37	517	H	09/01/15	City of Cambridge Winter Open Short Course	Parkside		2
4:26.48	505	H	07/10/12	City of Cambridge 2012 Club Championships	Cambridge	Co Cambridge	4
4:27.01	502	H	09/03/13	Cambridgeshire ASA County Championships	Peterborough	Co Cambridge	2
4:28.12	496	H	11/03/12	Cambridgeshire County Championships	Cambridge	Co Cambridge	2
4:30.59	482	H	22/03/14	Cambridgeshire ASA County Championships	Peterborough	Co Cambridge	2
4:37.86	445		20/03/11	Suffolk County Championships	Ipswich	Co Cambridge	2
4:40.19	434	H	09/01/11	teamipswich 12th Licensed Open Meet	Ipswich	Co Cambridge	3
4:40.28	434	H	13/01/12	City of Cambridge Winter Short Course Meet	Cambridge	Co Cambridge	2
4:53.89	376		21/03/10	Suffolk County Champs	Ipswich	Co Cambridge	2
5:15.64	304		22/03/09	Suffolk County Champs	Ipswich	Co Cambridge	2
5:26.99	273		16/11/08	West Suffolk Long Distance	Bury St Edmunds	Co Cambridge	2
5:51.01	221		16/03/08	Suffolk County Champs	Ipswich	Co Cambridge	2
6:00.93	203		18/11/07	West Suffolk Distance	Bury St Edmunds	Co Cambridge	2

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