

Individual Best Times (All Time)

Lauren Grice - (397427) - Dunstable SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:08.64	590	F	14/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	Leighton Buz	4
5:18.61	536	F	25/09/19	LBSC CLUB CHAMPIONSHIPS 2019	TIDDENFOOT	Leighton Buz	4
5:18.97	534	F	13/11/16	Leighton Buzzard Club Championships 2016	Leighton Buzzard	Leighton Buz	4
5:19.99	529	H	05/11/16	East Swimming 2016 SC Championships	Luton	C Beds SS	2
5:21.26	523	F	16/11/14	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
5:21.50	522	F	07/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	Leighton Buz	4
5:22.61	517	F	05/11/17	Leighton Buzzard Club Championships 2017	Leighton Buzzard	Leighton Buz	4
5:34.69	463	F	21/11/13	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
5:41.30	436	H	08/03/14	Bedfordshire Age Group & County Champs	Luton	Leighton Buz	2
5:43.96	426		16/11/12	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
5:57.56	379	H	10/03/12	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
6:05.98	354		24/11/11	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
6:30.12	292	H	19/03/11	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
6:41.88	267		27/06/10	City of Milton Keynes	Milton Keynes	Leighton Buz	3
6:45.47	260	H	20/03/10	Bedfordshire Champs	Biggleswade	Leighton Buz	2
6:50.20	251		26/11/10	Leighton Buzzard Club Champs	Leighton Buzzard	Leighton Buz	4
7:10.69	217		20/11/09	Leighton Buzzard Club Chps	Leighton Buzzard	Leighton Buz	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:18.61	536	F	25/09/19	LBSC CLUB CHAMPIONSHIPS 2019	TIDDENFOOT	Leighton Buz	4
5:21.50	522	F	07/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	Leighton Buz	4
5:22.61	517	F	05/11/17	Leighton Buzzard Club Championships 2017	Leighton Buzzard	Leighton Buz	4
5:18.97	534	F	13/11/16	Leighton Buzzard Club Championships 2016	Leighton Buzzard	Leighton Buz	4
5:19.99	529	H	05/11/16	East Swimming 2016 SC Championships	Luton	C Beds SS	2
5:08.64	590	F	14/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	Leighton Buz	4

5:21.26	523	F	16/11/14	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
5:41.30	436	H	08/03/14	Bedfordshire Age Group & County Champs	Luton	Leighton Buz	2
5:34.69	463	F	21/11/13	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
5:43.96	426		16/11/12	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
5:57.56	379	H	10/03/12	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
6:05.98	354		24/11/11	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
6:30.12	292	H	19/03/11	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
6:50.20	251		26/11/10	Leighton Buzzard Club Champs	Leighton Buzzard	Leighton Buz	4
6:41.88	267		27/06/10	City of Milton Keynes	Milton Keynes	Leighton Buz	3
6:45.47	260	H	20/03/10	Bedfordshire Champs	Biggleswade	Leighton Buz	2
7:10.69	217		20/11/09	Leighton Buzzard Club Chps	Leighton Buzzard	Leighton Buz	4