

Individual Best Times (All Time)

Lauren Grice - (397427) - Dunstable SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:23.75	609	H	18/12/16	BPSC Last Chance County Qualifier 2016	Basildon	C Beds SS	3
2:27.81	560	H	27/09/15	Basildon & Phoenix Season Opener Meet	Basildon	Leighton Buz	2
2:28.50	552	F	07/11/19	LBSC CLUB CHAMPIONSHIPS 2019	TIDDENFOOT	Leighton Buz	4
2:28.60	551	F	12/03/16	Leighton Buzzard Spills 2016	Tiddenfoot	Leighton Buz	4
2:28.73	550	F	06/05/17	Leighton Buzzard Spills 2017	Leighton Buzzard	Leighton Buz	4
2:29.21	544	F	11/07/17	Leighton Buzzard Spills 2017	Leighton Buzzard	Leighton Buz	4
2:29.69	539	H	08/11/15	ASA East Region Winter Championships 2015	Luton	Leighton Buz	2
2:29.87	537	F	22/06/19	Leighton Buzzard SPILLS 2019	Tiddenfoot	Leighton Buz	4
2:29.95	536	F	08/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	Leighton Buz	4
2:30.36	532	F	28/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	Leighton Buz	4
2:30.86	527	F	08/11/17	Leighton Buzzard Club Championships 2017	Leighton Buzzard	Leighton Buz	4
2:31.15	524	H	06/11/16	East Swimming 2016 SC Championships	Luton	C Beds SS	2
2:31.43	521	F	10/03/18	Leighton Buzzard Spills 2018	Leighton Buzzard	Leighton Buz	4
2:31.84	516	F	27/06/15	Leighton Buzzard Spills Round 4	Leighton Buzzard	Leighton Buz	4
2:32.00	515	H	20/05/23	Dunstable SC Club Championships 2023	Dunstable	Dunstable	4
2:32.17	513	H	03/11/19	Swim England East Region Short Course Champs 2019	Basildon	Leighton Buz	2
2:33.24	502	F	14/03/15	Leighton Buzzard Spills Rounds 2	Leighton Buzzard	Leighton Buz	4
2:33.32	502	F	15/11/14	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
2:33.55	499	F	09/03/19	Leighton Buzzard SPILLS 2018	Tiddenfoot	Leighton Buz	4
2:33.83	497	H	23/03/14	Bedfordshire Age Group & County Champs	Luton	Leighton Buz	2
2:34.31	492	F	14/06/14	Leighton Buzzard Spills Rounds 2014	Leighton Buzzard	Leighton Buz	4
2:34.76	488	F	16/11/16	Leighton Buzzard Club Championships 2016	Leighton Buzzard	Leighton Buz	4
2:35.37	482	H	14/05/22	Dunstable SC Club Championships	Dunstable	Dunstable	4
2:37.44	463	F	16/11/13	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
2:37.89	459	F	01/03/14	Leighton Buzzard Spills Rounds 2014	Leighton Buzzard	Leighton Buz	4
2:44.42	407	H	03/03/13	Bedfordshire County Championships	Luton	Leighton Buz	2
2:45.01	400	F	16/11/10	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4

2:43.04	402		16/11/12	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
2:51.56	358	H	25/02/12	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
2:55.98	332		19/11/11	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
3:03.84	291	H	05/03/11	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
3:06.10	280	F	25/06/11	City of Milton Keynes End of Season Gala	Milton Keynes	Leighton Buz	3
3:08.09	271		19/11/10	Leighton Buzzard Club Champs	Leighton Buzzard	Leighton Buz	4
3:11.27	258		26/06/10	City of Milton Keynes	Milton Keynes	Leighton Buz	3
3:13.08	251	H	06/03/10	Bedfordshire Champs	Biggleswade	Leighton Buz	2
3:20.62	224		15/11/09	Leighton Buzzard A Grade	Milton Keynes	Leighton Buz	2
3:25.67	208		20/11/09	Lieghton Buzzard Club Ch	Tiddenfoot Leisure	Leighton Buz	4
3:35.73	180	H	14/03/09	Bedfordshire Champs	Biggleswade	Leighton Buz	2

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