

Individual Best Times (All Time)

Lauren Grice - (397427) - Dunstable SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.77	502	F	19/11/16	Leighton Buzzard Club Championships 2016	Leighton Buzzard	Leighton Buz	4
32.16	483	F	07/05/16	Leighton Buzzard Spills 2016	Tiddenfoot	Leighton Buz	4
32.25	479	F	07/11/17	Leighton Buzzard Club Championships 2017	Leighton Buzzard	Leighton Buz	4
32.33	476	F	14/05/19	Leighton Buzzard SPILLS 2019	Tiddenfoot	Leighton Buz	4
32.37	474	F	05/05/18	Leighton Buzzard Spills 2018	Leighton Buzzard	Leighton Buz	4
32.41	472	F	23/01/16	Leighton Buzzard Spills 2016	Tiddenfoot	Leighton Buz	4
32.44	471	F	12/11/19	LBSC Club Championships 2019	Leighton Buzzard	Leighton Buz	4
32.50	468	F	20/01/18	Leighton Buzzard Spills 2018	Leighton Buzzard	Leighton Buz	4
33.03	446	F	09/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	Leighton Buz	4
33.08	444	F	21/01/17	Leighton Buzzard Spills 2017	Leighton Buzzard	Leighton Buz	4
33.10	443	H	09/06/24	City of Ely ASC Club Championships 2024	Ely	Co Ely	4
33.15	441	F	26/06/17	Leighton Buzzard Spills 2017	Leighton Buzzard	Leighton Buz	4
33.54	426	H	06/12/14	ASA East Region Winter Championships	Luton	Leighton Buz	2
33.68	421	F	17/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	Leighton Buz	4
33.74	419	F	26/04/14	Leighton Buzzard Spills Rounds 2014	Leighton Buzzard	Leighton Buz	4
34.10	405	F	19/11/14	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
34.13	404	F	09/05/15	Leighton Buzzard Spills Round 3	Leighton Buzzard	Leighton Buz	4
34.69	385	H	23/03/14	Bedfordshire Age Group & County Champs	Luton	Leighton Buz	2
36.03	344	F	20/11/13	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
36.45	332	F	31/01/14	Leighton Buzzard Spills Rounds 2014	Leighton Buzzard	Leighton Buz	4
36.55	329	H	17/03/13	Bedfordshire County Championships	Luton	Leighton Buz	2
37.94	294		16/11/12	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
37.98	293	H	11/03/12	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
39.10	269		23/11/11	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
40.33	245	H	20/03/11	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
41.54	224	H	21/03/10	Bedfordshire Champs	Biggleswade	Leighton Buz	2
41.61	222		26/11/10	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4

41.04	222		20/11/10	Leighton Buzzard Club Champs	Leighton Buzzard	Leighton Buz	4
43.25	198		20/11/09	Leighton Buzzard Club Chps	Leighton Buzzard	Leighton Buz	4
46.32	161		13/06/09	Leighton Buzzard Open	Milton Keynes	Leighton Buz	4
47.73	148	H	29/03/09	Bedfordshire Champs	Biggleswade	Leighton Buz	2

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