

# Individual Best Times (All Time)

Lauren Grice - (397427) - Dunstable SC - 50 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.13	529	H	26/09/15	Basildon & Phoenix Season Opener Meet	Basildon	Leighton Buz	2
30.16	528	H	07/11/15	ASA East Region Winter Championships 2015	Luton	Leighton Buz	2
30.31	520	H	09/06/24	City of Ely ASC Club Championships 2024	Ely	Co Ely	4
30.39	516	F	26/09/15	Basildon & Phoenix Season Opener Meet	Basildon	Leighton Buz	2
30.43	514	F	15/11/19	LBSC CLUB CHAMPIONSHIPS 2019	TIDDENFOOT	Leighton Buz	4
30.60	505	F	30/10/15	Eyemouth Open Meet	Eyemouth	Leighton Buz	3
30.64	503	F	15/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	Leighton Buz	4
30.64	503	F	20/01/18	Leighton Buzzard Spills 2018	Leighton Buzzard	Leighton Buz	4
30.76	497	F	23/01/16	Leighton Buzzard Spills 2016	Tiddenfoot	Leighton Buz	4
30.78	496	F	07/05/16	Leighton Buzzard Spills 2016	Tiddenfoot	Leighton Buz	4
30.78	496	H	04/12/21	Dunstable SC Splash Night - County Qualifier	Dunstable	Dunstable	4
30.81	495	H	05/11/16	East Swimming 2016 SC Championships	Luton	C Beds SS	2
30.86	493	H	02/11/19	Swim England East Region Short Course Champs 2019	Basildon	Leighton Buz	2
30.89	491	F	14/05/19	Leighton Buzzard SPILLS 2019	Tiddenfoot	Leighton Buz	4
31.07	483	H	03/11/18	Swim England East Region Short Course Championship	Luton	Leighton Buz	2
31.16	478	F	05/05/18	Leighton Buzzard Spills 2018	Leighton Buzzard	Leighton Buz	4
31.23	475	F	09/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	Leighton Buz	4
31.39	468	F	09/05/15	Leighton Buzzard Spills Round 3	Leighton Buzzard	Leighton Buz	4
31.40	468	F	21/01/17	Leighton Buzzard Spills 2017	Leighton Buzzard	Leighton Buz	4
31.78	451	F	18/11/14	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
31.90	446	F	26/06/17	Leighton Buzzard Spills 2017	Leighton Buzzard	Leighton Buz	4
31.94	444	F	26/04/14	Leighton Buzzard Spills Rounds 2014	Leighton Buzzard	Leighton Buz	4
32.16	435	F	15/11/16	Leighton Buzzard Club Championships 2016	Leighton Buzzard	Leighton Buz	4
33.04	401	H	23/03/14	Bedfordshire Age Group & County Champs	Luton	Leighton Buz	2
34.26	360	F	31/01/14	Leighton Buzzard Spills Rounds 2014	Leighton Buzzard	Leighton Buz	4
34.82	343	F	18/11/13	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
35.00	328	H	17/02/10	Bedfordshire County Championships	Luton	Leighton Buz	2

33.32	520	H	17/03/13	Bedfordshire County Championships	Luton	Leighton Buz	
36.92	287	H	26/02/12	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
37.32	278		16/11/12	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
38.41	255		21/11/11	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
39.87	228	H	06/03/11	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
41.40	204	H	07/03/10	Bedfordshire Champs	Biggleswade	Leighton Buz	2
43.24	179		19/11/10	Leighton Buzzard Club Champs	Leighton Buzzard	Leighton Buz	4
44.31	166		20/11/09	Lieghton Buzzard Club Ch	Tiddenfoot Leisure	Leighton Buz	4
46.46	144		13/06/09	Leighton Buzzard Open	Milton Keynes	Leighton Buz	4
46.87	140	H	15/03/09	Bedfordshire Champs	Biggleswade	Leighton Buz	2

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