

Individual Best Times (All Time)

Lauren Grice - (397427) - Dunstable SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.41	525	F	12/03/17	Mid Beds Swim Squad L2 Open Meet 2017	Biggleswade	C Beds SS	2
28.42	525	F	20/01/18	Leighton Buzzard Spills 2018	Leighton Buzzard	Leighton Buz	4
28.45	523	H	08/11/15	ASA East Region Winter Championships 2015	Luton	Leighton Buz	2
28.50	520	F	09/05/15	Leighton Buzzard Spills Round 3	Leighton Buzzard	Leighton Buz	4
28.61	514	F	14/05/19	Leighton Buzzard SPILLS 2019	Tiddenfoot	Leighton Buz	4
28.62	514	H	26/09/15	Basildon & Phoenix Season Opener Meet	Basildon	Leighton Buz	2
28.63	513	F	21/01/17	Leighton Buzzard Spills 2017	Leighton Buzzard	Leighton Buz	4
28.66	512	F	07/05/16	Leighton Buzzard Spills 2016	Tiddenfoot	Leighton Buz	4
28.68	511	F	23/01/16	Leighton Buzzard Spills 2016	Tiddenfoot	Leighton Buz	4
28.70	509	F	28/11/15	Leighton Buzzard SC 2015 Club Championships	Tiddenfoot	Leighton Buz	4
28.71	509	F	05/05/18	Leighton Buzzard Spills 2018	Leighton Buzzard	Leighton Buz	4
28.76	506	F	15/11/14	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
28.97	495	F	18/11/16	Leighton Buzzard Club Championships 2016	Leighton Buzzard	Leighton Buz	4
29.03	492	F	26/06/17	Leighton Buzzard Spills 2017	Leighton Buzzard	Leighton Buz	4
29.04	492	F	26/04/14	Leighton Buzzard Spills Rounds 2014	Leighton Buzzard	Leighton Buz	4
29.10	489	F	07/11/19	LBSC CLUB CHAMPIONSHIPS 2019	TIDDENFOOT	Leighton Buz	4
29.20	484	F	04/11/17	Leighton Buzzard Club Championships 2017	Leighton Buzzard	Leighton Buz	4
29.30	479	H	22/03/14	Bedfordshire Age Group & County Champs	Luton	Leighton Buz	2
29.31	478	F	08/11/18	Leighton Buzzard Club Championships 2018	Leighton Buzzard	Leighton Buz	4
29.35	476	H	04/12/21	Dunstable SC Splash Night - County Qualifier	Dunstable	Dunstable	4
29.37	475	F	31/10/14	Eyemouth Open Meet	Eyemouth	Leighton Buz	2
29.46	471	H	07/06/24	City of Ely ASC Club Championships 2024	Ely	Co Ely	4
30.23	436	F	16/11/13	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
30.27	434	F	31/01/14	Leighton Buzzard Spills Rounds 2014	Leighton Buzzard	Leighton Buz	4
31.53	384	H	16/03/13	Bedfordshire County Championships	Luton	Leighton Buz	2
31.94	370		16/11/12	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
33.08	333	H	11/03/13	Bedfordshire County Championships	Biggleswade	Leighton Buz	2

33.06	333	H	11/03/12	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
33.82	311		19/11/11	Leighton Buzzard Club Championships	Leighton Buzzard	Leighton Buz	4
34.15	302		20/03/11	Bedfordshire County Championships	Biggleswade	Leighton Buz	2
34.64	290		19/11/10	Leighton Buzzard Club Champs	Leighton Buzzard	Leighton Buz	4
36.68	244	H	21/03/10	Bedfordshire Champs	Biggleswade	Leighton Buz	2
37.57	227		20/11/09	Lieghton Buzzard Club Ch	Tiddenfoot Leisure	Leighton Buz	4
38.07	218		15/11/09	Leighton Buzzard A Grade	Milton Keynes	Leighton Buz	2
40.33	183		13/06/09	Leighton Buzzard Open	Milton Keynes	Leighton Buz	4
40.57	180	H	24/01/09	Maxwell Swim Club Meet	Aylesbury	Leighton Buz	2
42.27	159		29/03/09	Bedfordshire Champs	Biggleswade	Leighton Buz	2

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