

Individual Best Times (All Time)

Alex Brown - (3942) - Ashington SC - 200 Breaststroke - Short Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-----------------------------|-------|-----------------|-------|
| 3:55.99 | 132 | H | 25/02/10 | Blyth Lifeguard Club Champs | Blyth | Blyth | 4 |

Swims in Date Order

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