

Individual Best Times (All Time)

Benjamin Whitbourn - (393080) - Dereham & District SC - 400 Individual Medley - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:54.78	181	H	20/01/07	City of Cambridge	Cambridge	Dereham	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:54.78	181	H	20/01/07	City of Cambridge	Cambridge	Dereham	2