

Individual Best Times (All Time)

Benjamin Whitbourn - (393080) - Dereham & District SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
25.36	502	H	06/12/14	ASA East Region Winter Championships	Luton		2
25.41	499	H	07/03/15	Norfolk County Championships	Thetford		2
25.46	496	F	07/03/15	Norfolk County Championships	Thetford		2
25.48	495	F	07/03/15	Norfolk County Championships	Thetford		2
25.50	494	H	12/01/14	City of Cambridge Winter Meet	Cambridge	Dereham	2
25.55	491	F	23/11/14	Dereham Otters Annual Gala	Dereham	Dereham	3
25.61	487	F	08/03/14	Norfolk County Champs & AG Comp	Thetford	Dereham	2
25.79	477	H	08/03/14	Norfolk County Champs & AG Comp	Thetford	Dereham	2
25.85	474	F	08/03/14	Norfolk County Champs & AG Comp	Thetford	Dereham	2
25.86	473	F	24/11/13	Dereham Annual Gala	Dereham	Dereham	4
26.24	453	F	28/09/13	Dereham & District ASC ICENI	Dereham	Dereham	3
26.67	431	H	09/03/13	Norfolk County Championships	Thetford	Dereham	2
26.83	424	F	04/11/12	UEA Norwich Big Bang L2 Meet	Norwich	Dereham	2
27.88	378	H	10/03/12	Norfolk County Championships	Thetford	Dereham	2
28.00	373	H	15/01/12	City of Cambridge Winter Short Course Meet	Cambridge	Dereham	2
28.05	371	F	10/03/12	Norfolk County Championships	Thetford	Dereham	2
28.49	354	F	06/11/11	City of Norwich The Big Bang 2011	Norwich	Dereham	2
29.53	318	H	16/01/11	City of Cambridge Winter Open Meet	Cambridge	Dereham	2
29.74	311		24/04/11	Newmarket 3rd Annual Open Meet	Newmarket	Dereham	3
30.10	300	H	13/03/11	Norfolk County Championships	Thetford	Dereham	2
30.46	289	H	17/01/10	City of Cambridge Open	Cambridge	Dereham	2
30.49	289	F	08/03/09	Norfolk County Champs	Thetford	Dereham	2
30.53	287	H	14/03/10	Norfolk County Champs	Thetford	Dereham	2
31.00	275	H	08/03/09	Norfolk County Champs	Thetford	Dereham	2
31.29	267	F	09/03/08	Norfolk County Champs	Thetford	Dereham	2
31.34	266	H	18/01/09	City of Cambridge SC Meet	Cambridge	Dereham	2
32.53	226		02/12/07	Suffolk 2 Counties	Butt St Edmunds	Dereham	2

32.39	236		02/12/07	Suffolk 3 Counties	Bury St Edmunds	Dereham	
32.59	236	H	09/03/08	Norfolk County Champs	Thetford	Dereham	2
32.97	228	F	11/03/07	Norfolk County Champs	Thetford	Dereham	2
33.92	209	H	11/03/07	Norfolk County Champs	Thetford	Dereham	2
34.69	196	H	28/10/06	21st teamipswich Open	Ipswich	Dereham	2
35.31	186	H	16/07/06	Cambridge Summer Meet	Cambridge	Dereham	4

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