

Individual Best Times (All Time)

Verity Howell - (391142) - Neptune (Leicester) SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.35	421	H	04/02/17	Leicestershire County Championships	Braunstone	Leicester Ne	2
1:15.79	414	H	04/03/17	Rugby Open Meet 2017	Rugby	Leicester Ne	3
1:16.32	405	F	05/06/22	Sevenside Tritons Ange Marling Memorial L3 Meet	Hutton Moor LC		3
1:17.47	388	F	29/09/13	Leicester Neptune SC Club Championships	Leicester	Leicester Ne	4
1:18.71	370	H	16/03/14	Leicestershire County Championships	Braunstone	Leicester Ne	2
1:19.11	364	F	27/09/14	Leicester Neptune Internal Gala	Leicester	Leicester Ne	4
1:19.15	363		06/07/14	Braunstone SC Sprint Open Meet	Braunstone	Leicester Ne	3
1:19.38	360	H	17/12/22	Leicester Neptune SC Club Championships 2022	Leicester	Leicester Ne	4
1:19.63	357	H	03/10/15	Leicester Penguins 2015 Open Meet	Braunstone		3
1:19.65	357		07/07/13	Braunstone Sprint Open Meet	Braunstone	Leicester Ne	3
1:19.67	356		17/03/13	Leicestershire County Championships	Braunstone	Leicester Ne	2
1:19.67	356	F	26/09/15	Leicester Neptune Club Championships	Syston	Leicester Ne	4
1:19.82	354	H	29/10/16	Belper Marlin "Ghoul in the Pool" Open Meet	Matlock	Leicester Ne	3
1:21.38	334	H	05/07/15	Braunstone Sprint Open Meet	Leicester		3
1:25.40	289		03/03/12	Leicestershire County Championships	Braunstone	Leicester Ne	2
1:25.83	285		27/03/11	Leicestershire County Championships	Braunstone	Leicester Ne	2

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