

Individual Best Times (All Time)

Verity Howell - (391142) - Neptune (Leicester) SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.80	323		16/03/13	Leicestershire County Championships	Braunstone	Leicester Ne	2
37.05	316	H	22/03/15	Leicestershire County Age Groups & Championships	Leicester		2
37.44	306		06/07/14	Braunstone SC Sprint Open Meet	Braunstone	Leicester Ne	3
38.04	292	F	03/11/15	Leicester Neptune Club Championships	Syston	Leicester Ne	4
38.35	285	F	02/11/13	Leicester Neptune SC Club Championships	Leicester	Leicester Ne	4
38.48	282	H	03/10/15	Leicester Penguins 2015 Open Meet	Braunstone		3
38.52	281	F	12/01/14	Leicester Neptune Internal Gala	Leicester	Leicester Ne	4
38.53	281	F	25/09/16	Leicester Neptune Club Championships	Market Harborough	Leicester Ne	4
38.81	275	F	01/11/14	Leicester Neptunes Internal Gala	Leicester	Leicester Ne	3
38.82	275	F	25/01/15	Leicester Neptune Internal Gala	Leicester	Leicester Ne	4
38.93	272		03/03/12	Leicestershire County Championships	Braunstone	Leicester Ne	2
38.98	271	H	17/12/22	Leicester Neptune SC Club Championships 2022	Leicester	Leicester Ne	4
39.46	262		26/03/11	Leicestershire County Championships	Braunstone	Leicester Ne	2
39.53	260	H	05/07/15	Braunstone Sprint Open Meet	Leicester		3
49.40	133	F	08/01/16	Leicester Neptune SC Internal Gala	Leicester	Leicester Ne	4

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38.93	272		03/03/12	Leicestershire County Championships	Braunstone	Leicester Ne	2
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