

# Individual Best Times (All Time)

Lois Ross - (390051) - Strathclyde University Swimming - 1500 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
19:24.46	474	F	24/11/18	Dumfries ASC Advent Open 2018	Dumfries	Co Glasgow	2
20:03.00	430	F	06/07/19	Natwest International Island Games XVIII	Gibraltar		2
20:03.00	430	F	09/07/19	Natwest International Island Games XVIII	Gibraltar		2
21:18.13	358	F	28/09/14	Shetland Distance Time Trials 2	Lerwick	Shetland	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
20:03.00	430	F	09/07/19	Natwest International Island Games XVIII	Gibraltar		2
20:03.00	430	F	06/07/19	Natwest International Island Games XVIII	Gibraltar		2
19:24.46	474	F	24/11/18	Dumfries ASC Advent Open 2018	Dumfries	Co Glasgow	2
21:18.13	358	F	28/09/14	Shetland Distance Time Trials 2	Lerwick	Shetland	2