Individual Best Times (All Time)

Lois Ross - (390051) - Strathclyde University Swimming - 100 Freestyle - Short Course **Performance Graph**

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:04.43	474	F	10/06/17	T L Dallas Midsummer Meet 2017	Clickimin	Shetland	2
1:04.92	463	F	13/11/16	Shetland Senior Age Group Schools Champ 2016	Clickimin	Shetland	2
1:05.47	452	F	11/02/18	Grieg Seafood February Meet 2018	Clickimin	Shetland	2
1:07.57	411	F	08/11/15	Shetland Age Group & Schools Championships	Shetland	Shetland	2
1:08.44	395	F	07/02/16	Sumburgh Hotel Meet	Lerwick	Shetland	2
1:11.69	344	F	20/04/14	Buckie ASC Age Group Meet	Buckie	Lerwick	2
1:14.21	310	F	09/11/14	Shetland Age Groups & School Champs	Lochside	Shetland	2
1:14.70	304	F	26/10/13	Alford Otters 4th 100 Meet	Westhill	Shetland	2
1:15.72	292	F	24/11/13	Shetland Senior Age Group Championships	Clickimin	Shetland	2
1:16.05	288	F	09/02/14	Lerwick ASC Graded Meet	Clickimin	Shetland	2
1:16.94	278	F	21/04/13	Buckie ASC Age Group Championships	Buckie	Shetland	2
1:22.64	224		04/11/12	Shetland Age Group Chsmpionships	Shetland	Shetland	2
1:23.90	214	F	15/04/12	Alford Otters 3rd 100 Meet	Aberdeen	Shetland	2

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