

Individual Best Times (All Time)

Lois Ross - (390051) - Strathclyde University Swimming - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:41.43	430	F	08/11/15	Shetland Age Group & Schools Championships	Shetland	Shetland	2
2:41.49	429	F	11/06/17	T L Dallas Midsummer Meet 2017	Clickimin	Shetland	2
2:44.65	405	F	29/11/15	GTS Direct Winter Meet	Lerwick	Shetland	2
2:45.57	398	F	14/06/15	Lerwick Midsummer Meet 2015	Clickimin	Shetland	3
2:50.85	362	F	20/04/14	Buckie ASC Age Group Meet	Buckie	Lerwick	2
2:51.97	355	F	08/06/14	Lerwick ASC Midsummer Meet	Clickimin	Shetland	2
2:52.19	354	F	09/11/14	Shetland Age Groups & School Champs	Lochside	Shetland	2
2:55.37	335	F	24/11/13	Shetland Senior Age Group Championships	Clickimin	Shetland	2
2:55.68	333	H	01/12/13	SASA North District Age Group Meet	Inverness	Shetland	1
2:55.82	332	F	09/02/14	Lerwick ASC Graded Meet	Clickimin	Shetland	2
2:58.14	320	F	30/06/13	Lerwick ASC Midsummer Meet	Lerwick	Shetland	2
3:18.88	230		04/11/12	Shetland Age Group Chsmptionships	Shetland	Shetland	2
3:24.10	212	F	24/06/12	Lerwick ASC Midsummer Meet 2012	Lerwick	Shetland	2

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