

Individual Best Times (All Time)

Lois Ross - (390051) - Strathclyde University Swimming - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:24.01	278	F	09/11/14	Shetland Age Groups & School Champs	Lochside	Shetland	2
1:26.03	259	F	24/11/13	Shetland Senior Age Group Championships	Clickimin	Shetland	2
1:26.12	258	F	26/10/13	Alford Otters 4th 100 Meet	Westhill	Shetland	2
1:27.15	249	F	20/04/13	Buckie ASC Age Group Championships	Buckie	Shetland	2
1:33.84	200		04/11/12	Shetland Age Group Chsmpionships	Shetland	Shetland	2
1:36.97	181	F	15/04/12	Alford Otters 3rd 100 Meet	Aberdeen	Shetland	2

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