

# Individual Best Times (All Time)

Lois Ross - (390051) - Strathclyde University Swimming - 100 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:14.88	376	F	08/11/15	Shetland Age Group & Schools Championships	Shetland	Shetland	2
1:15.00	374	F	07/05/16	Shetland Junior Inter County Trials	Lerwick	Lerwick	2
1:17.14	343	H	04/10/14	SASA North District Open Meet	Inverness	Lerwick	1
1:17.63	337	F	20/04/14	Buckie ASC Age Group Meet	Buckie	Lerwick	2
1:18.05	332	F	29/11/14	SASA North District Age Group Meet	Inverness	Lerwick	1
1:18.12	331	H	16/11/14	COAST Grand Prix	Aberdeen	Lerwick	1
1:18.90	321	F	09/11/14	Shetland Age Groups & School Champs	Lochside	Shetland	2
1:21.19	295	F	09/02/14	Lerwick ASC Graded Meet	Clickimin	Shetland	2
1:21.43	292	F	24/11/13	Shetland Senior Age Group Championships	Clickimin	Shetland	2
1:21.46	292	F	26/10/13	Alford Otters 4th 100 Meet	Westhill	Shetland	2
1:22.00	286	F	30/11/13	SASA North District Age Group Meet	Inverness	Shetland	1
1:24.00	266	F	08/02/15	LASC Sumburgh Hotel Meet 2015	Clickimin	Shetland	2
1:31.19	208	F	21/04/13	Buckie ASC Age Group Championships	Buckie	Shetland	2
1:41.34	151		04/11/12	Shetland Age Group Chsmpionships	Shetland	Shetland	2
1:55.12	103	F	15/04/12	Alford Otters 3rd 100 Meet	Aberdeen	Shetland	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:15.00	374	F	07/05/16	Shetland Junior Inter County Trials	Lerwick	Lerwick	2
1:14.88	376	F	08/11/15	Shetland Age Group & Schools Championships	Shetland	Shetland	2
1:24.00	266	F	08/02/15	LASC Sumburgh Hotel Meet 2015	Clickimin	Shetland	2
1:18.05	332	F	29/11/14	SASA North District Age Group Meet	Inverness	Lerwick	1
1:18.12	331	H	16/11/14	COAST Grand Prix	Aberdeen	Lerwick	1
1:18.90	321	F	09/11/14	Shetland Age Groups & School Champs	Lochside	Shetland	2
1:17.14	343	H	04/10/14	SASA North District Open Meet	Inverness	Lerwick	1
1:17.63	337	F	20/04/14	Buckie ASC Age Group Meet	Buckie	Lerwick	2

1:21.19	295	F	09/02/14	Lerwick ASC Graded Meet	Clickimin	Shetland	2
1:22.00	286	F	30/11/13	SASA North District Age Group Meet	Inverness	Shetland	1
1:21.43	292	F	24/11/13	Shetland Senior Age Group Championships	Clickimin	Shetland	2
1:21.46	292	F	26/10/13	Alford Otters 4th 100 Meet	Westhill	Shetland	2
1:31.19	208	F	21/04/13	Buckie ASC Age Group Championships	Buckie	Shetland	2
1:41.34	151		04/11/12	Shetland Age Group Chsmpionships	Shetland	Shetland	2
1:55.12	103	F	15/04/12	Alford Otters 3rd 100 Meet	Aberdeen	Shetland	2