

Individual Best Times (All Time)

Lois Ross - (390051) - Strathclyde University Swimming - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.25	435	F	28/10/17	GTS Winter Meet 2017	Clickimin	Shetland	2
30.27	434	F	19/03/17	Shetland Senior Sprint Championships 2017	Shetland	Shetland	2
30.31	432	F	11/06/17	T L Dallas Midsummer Meet 2017	Clickimin	Shetland	2
30.35	431	F	05/05/18	Shetland Junior Inter County Trials 2018	Clickimin	Shetland	2
30.66	418	F	29/10/16	GTS Winter Meet	Lerwick	Shetland	2
30.92	407	F	06/05/17	Shetland Junior Inter County Trials	Lerwick	Shetland	2
31.82	374	F	07/05/16	Shetland Junior Inter County Trials	Lerwick	Lerwick	2
31.86	372	H	16/11/19	BUCS Short Course Swimming Championships 2019	Sheffield		2
32.18	361	F	20/03/16	Shetland Sprint Championships 2016	Clickimin	Shetland	2
33.00	335	F	22/03/15	Shetland Sprint Championships	Clickimin	Shetland	2
33.73	314	F	16/03/14	Shetland Sprint Championships	Lerwick	Shetland	2
33.79	312	F	08/06/14	Lerwick ASC Midsummer Meet	Clickimin	Shetland	2
35.43	271	F	30/06/13	Lerwick ASC Midsummer Meet	Lerwick	Shetland	2
36.93	239	F	17/03/13	Shetland Senior Sprints	Clickimin	Shetland	2

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