## **Individual Best Times (All Time)**

Adam Carnegie - (372081) - City Of Glasgow Swim Team - 200 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:45.44	290		05/02/12	West District Group 1 Championships	Cumbernauld	Co Glasgow	1
3:02.19	217		29/11/09	West District Group 6	Grangemouth	Co Glasgow	1

## Swims in Date Order

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