

# Individual Best Times (All Time)

Orla Adams - (371422) - University of Aberdeen Performan - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:08.09	768	F	08/12/17	Scottish National Short Course Open Champs	Edinburgh	UoAPS	2
1:08.62	750	F	04/11/17	North District Open Championships 2017	Inverness	UoAPS	1
1:08.82	744	F	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	UoAPS	2
1:08.95	739	H	08/12/17	Scottish National Short Course Open Champs	Edinburgh	UoAPS	2
1:08.99	738	F	03/11/18	North District Open Championships 2018	Aberdeen	UoAPS	2
1:09.01	737	F	09/12/16	Scottish National Short Course Championships	Edinburgh	Garioch	1
1:09.61	718	F	05/11/16	North District Open Championships	Inverness	Garioch	1
1:09.82	712	H	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	UoAPS	2
1:09.88	710	F	11/12/15	Scottish National Short Course Meet	Edinburgh	Garioch	1
1:10.23	700	H	04/11/17	North District Open Championships 2017	Inverness	UoAPS	1
1:10.30	697	F	09/11/19	North District Open Championships 2019	Aberdeen	UoAPS	2
1:10.34	696	H	03/11/18	North District Open Championships 2018	Aberdeen	UoAPS	2
1:10.45	693	H	09/12/16	Scottish National Short Course Championships	Edinburgh	Garioch	1
1:10.55	690	F	15/12/19	Scottish National Short Course Championships	Edinburgh	UoAPS	2
1:10.59	689	F	05/11/22	North District Open Championships 2022	Aberdeen		2
1:10.68	686	H	05/11/16	North District Open Championships	Inverness	Garioch	1
1:10.76	684	H	11/12/15	Scottish National Short Course Meet	Edinburgh	Garioch	1
1:10.79	683	F	12/12/21	Scottish National Winter SC Championships	Edinburgh		2
1:11.00	677	H	12/12/21	Scottish National Winter SC Championships	Edinburgh		2
1:11.12	674	H	14/12/12	Scottish Gas National SC Championships	Edinburgh	Garioch	1
1:11.13	673	F	14/12/12	Scottish Gas National SC Championships	Edinburgh	Garioch	1
1:11.21	671	F	12/12/20	Tighinn Comhla	Various - Round 3		0
1:11.55	662	F	18/12/21	National Leagues	Glasgow		2
1:11.64	659	F	17/12/11	Scottish Gas National Short Course Open	Inverness	Garioch	1
1:11.64	659	H	05/11/22	North District Open Championships 2022	Aberdeen		2
1:11.68	658	F	02/03/13	SASA North District Age Group Championship	Inverness	Garioch	1
1:11.88	652	H	15/12/16	Scottish National Short Course Championships	Edinburgh		2

1:11.00	652	M	13/12/13	Scottish National Short Course Championships	Edinburgh		
1:11.90	652	F	29/05/21	Tighinn Comhla	Various - Summer R1		0
1:11.91	652	C	13/12/13	Scottish National Short Course Open Meet	Edinburgh	Garioch	1
1:12.10	647	F	18/11/12	ND Open Championships & Scottish GP	Inverness	Garioch	1
1:12.17	645	H	09/11/19	North District Open Championships 2019	Aberdeen	UoAPS	2
1:12.23	643	F	17/12/22	National League finals	Glasgow		2
1:12.45	637	F	17/11/13	SASA North District Open & Grand Prix	Inverness	Garioch	1
1:12.54	635		16/01/09	Scottish Nationals SC	Tollcross	Garioch	1
1:12.73	630	F	26/06/21	Tighinn Comhla	Various		0
1:12.77	629	F	15/11/15	SASA North District Grand Prix 2015	Inverness	Garioch	1
1:12.98	623	H	13/12/13	Scottish National Short Course Open Meet	Edinburgh	Garioch	1
1:13.05	622	H	18/11/12	ND Open Championships & Scottish GP	Inverness	Garioch	1
1:13.14	619	H	17/11/13	SASA North District Open & Grand Prix	Inverness	Garioch	1
1:13.19	618	F	04/10/14	SASA North District Open Meet	Inverness	Garioch	1
1:13.21	618	H	15/11/15	SASA North District Grand Prix 2015	Inverness	Garioch	1
1:13.26	616		13/12/08	SASA North District AG	Inverness	Garioch	1
1:13.30	615	F	07/01/11	British Gas Scottish National SC Open	Glasgow	Garioch	1
1:13.40	613	F	03/03/12	North District Age Group Championships	Peterhead	Garioch	2
1:13.47	611	H	02/03/13	SASA North District Age Group Championship	Inverness	Garioch	1
1:13.56	609	H	17/12/11	Scottish Gas National Short Course Open	Inverness	Garioch	1
1:13.66	606	H	03/03/12	North District Age Group Championships	Peterhead	Garioch	2
1:13.69	606	F	16/11/14	COAST Grand Prix	Aberdeen	Garioch	1
1:13.83	602	F	09/11/22	National League Round 2	Aberdeen		2
1:13.86	601	F	07/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
1:13.88	601		31/05/08	North District Open Champs	Westhill	Garioch	1
1:13.89	601	H	12/12/14	Scottish National Short Course Champs	Edinburgh	Garioch	1
1:13.96	599	H	16/11/14	COAST Grand Prix	Aberdeen	Garioch	1
1:13.97	599		16/01/09	Scottish Nationals SC	Tollcross	Garioch	1
1:14.19	593	F	22/03/14	SASA North District Age Group Champs	Fraserburgh	Garioch	1
1:14.23	592		09/05/09	Westhill 15th Invitational	Westhill	Garioch	2
1:14.30	591		06/03/10	SASA North District Age	Inverness	Garioch	1
1:14.33	590	H	22/03/14	SASA North District Age Group Champs	Fraserburgh	Garioch	1
1:14.36	589	F	20/02/16	Garioch Mix Up Meet 2016	Inverurie	Garioch	2
1:14.40	588	H	17/10/10	ASA National Team Div 1	Sheffield	Garioch	2
1:14.67	582		15/01/10	Scottish National Champs	Glasgow	Garioch	1
1:14.68	582	H	08/08/09	British Gas Grand Prix	Leeds	Garioch	1
1:14.72	581		06/03/10	SASA North District Age	Inverness	Garioch	1
1:14.73	581	H	07/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
1:14.74	580		31/05/08	North District Open Champs	Westhill	Garioch	1
1:14.79	579	H	07/01/11	British Gas Scottish National SC Open	Glasgow	Garioch	1
1:14.82	578	H	19/10/08	ASA National Teams Div 2	Sheffield	Garioch	1
1:14.88	577		10/05/08	Westhill Invitational Meet	Westhill	Garioch	2
1:14.89	577		15/01/10	Scottish National Champs	Glasgow	Garioch	1
1:15.01	574	H	04/10/14	SASA North District Open Meet	Inverness	Garioch	1
1:15.05	573		08/05/10	Westhill Invitational	Westhill	Garioch	2
1:15.41	565		09/05/09	Westhill 15th Invitational	Westhill	Garioch	2
1:15.42	565		10/05/08	Westhill Invitational Meet	Westhill	Garioch	2
1:15.43	565		07/03/09	SASA North District Champ	Inverness	Garioch	1
1:15.96	553		05/12/09	North District Age Groups	Inverness	Garioch	1
1:16.49	541		07/03/09	SASA North District Champ	Inverness	Garioch	1
1:16.49	541		08/05/10	Westhill Invitational	Westhill	Garioch	2
1:16.77	535		11/01/08	Scottish National Champs	Glasgow	Garioch	1
1:16.88	533		01/03/08	North District AG Champs	Inverness	Garioch	2
1:17.02	530	F	05/12/15	Alford Otters Invitational Meet	Alford	Garioch	2

1:17.05	530		01/03/08	North District AG Champs	Inverness	Garioch	2
1:17.49	521		08/12/07	North District Age Group	Inverness	Garioch	2
1:17.49	521		11/01/08	Scottish National Champs	Glasgow	Garioch	1
1:20.38	466	H	21/10/07	ASA Inter-Counties Div 2	Sheffield	Garioch	1
1:20.71	461		12/05/07	Westhill Invitational	Westhill	Garioch	1
1:23.37	418		12/05/07	Westhill Invitational	Westhill	Garioch	1
1:23.54	415		02/06/07	North District Open Champ	Westhill	Garioch	2
1:23.71	413		03/03/07	North District Champs	Inverness	Garioch	2
1:24.67	399		03/03/07	North District Champs	Inverness	Garioch	2
1:28.58	348	H	18/11/06	City of Hereford Open	Hereford	Garioch	2

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1:10.59	689	F	05/11/22	North District Open Championships 2022	Aberdeen		2
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1:11.55	662	F	18/12/21	National Leagues	Glasgow		2
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1:12.73	630	F	26/06/21	Tighinn Comhla	Various		0
1:11.90	652	F	29/05/21	Tighinn Comhla	Various - Summer R1		0
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1:10.55	690	F	15/12/19	Scottish National Short Course Championships	Edinburgh	UoAPS	2
1:11.88	652	H	15/12/19	Scottish National Short Course Championships	Edinburgh		2
1:10.30	697	F	09/11/19	North District Open Championships 2019	Aberdeen	UoAPS	2
1:12.17	645	H	09/11/19	North District Open Championships 2019	Aberdeen	UoAPS	2
1:08.82	744	F	07/12/18	Scottish National Short Course Open Swimming	Edinburgh	UoAPS	2
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