

Individual Best Times (All Time)

Orla Adams - (371422) - University of Aberdeen Performan - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.40	591	H	21/10/12	BG ASA National County Team Division 1	Sheffield	Garioch	2
1:05.41	590	F	12/12/20	Tighinn Comhla	Various - Round 3		0
1:05.61	585		12/11/11	Aberdeen Mitchell Trophy 2011	Inverness	Garioch	2
1:05.65	584		12/11/11	Aberdeen Mitchell Trophy 2011	Inverness	Garioch	2
1:05.82	579	H	14/11/15	SASA North District Grand Prix 2015	Inverness	Garioch	1
1:05.93	577	H	03/03/13	SASA North District Age Group Championship	Inverness	Garioch	1
1:06.02	574	H	14/11/15	SASA North District Grand Prix 2015	Inverness	Garioch	1
1:06.07	573	H	06/11/16	North District Open Championships	Inverness		1
1:06.13	571	H	18/12/11	Scottish Gas National Short Course Open	Inverness	Garioch	1
1:06.14	571	C	18/12/11	Scottish Gas National Short Course Open	Inverness	Garioch	1
1:06.37	565	F	08/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
1:06.39	565	H	22/03/14	SASA North District Age Group Champs	Fraserburgh	Garioch	1
1:06.46	563	F	22/03/14	SASA North District Age Group Champs	Fraserburgh	Garioch	1
1:06.57	560	F	15/10/22	UoAPS Club Championships	Aberdeen		2
1:06.67	558	F	02/02/13	Aberdeen Mitchell Trophy 2013	Inverness	Garioch	2
1:06.77	555	H	02/02/13	Aberdeen Mitchell Trophy 2013	Inverness	Garioch	2
1:06.79	555	H	17/11/12	ND Open Championships & Scottish GP	Inverness	Garioch	1
1:07.03	549	F	03/03/13	SASA North District Age Group Championship	Inverness	Garioch	1
1:07.08	547	H	08/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
1:07.16	545	H	05/10/14	SASA North District Open Meet	Inverness		1
1:07.20	544	H	16/12/12	Scottish Gas National SC Championships	Edinburgh	Garioch	1
1:07.27	543	F	09/11/10	Scottish Schools Heat Meet	Aberdeen	Garioch	2
1:07.67	533	F	03/03/12	North District Age Group Championships	Peterhead	Garioch	2
1:07.73	532	H	05/03/11	North District Age Group Meet	Inverness	Garioch	1
1:07.91	528	C	14/11/15	SASA North District Grand Prix 2015	Inverness	Garioch	1
1:08.06	524		08/11/09	Aberdeen Mitchell Trophy	Inverness	Garioch	2
1:08.08	524	F	17/11/12	ND Open Championships & Scottish GP	Inverness	Garioch	1

1:06.06	524	F	17/11/12	ND Open Championships & Scottish GP	Inverness	Garioch	1
1:08.43	516	F	21/02/16	Garioch Mix Up Meet 2016	Inverurie	Garioch	2
1:08.49	514		08/11/09	Aberdeen Mitchell Trophy	Inverness	Garioch	2
1:08.67	510	F	05/03/11	North District Age Group Meet	Inverness	Garioch	1
1:08.75	508	H	09/01/11	British Gas Scottish National SC Open	Glasgow	Garioch	1
1:09.10	501	H	03/03/12	North District Age Group Championships	Peterhead	Garioch	2
1:09.49	492	F	05/10/14	SASA North District Open Meet	Inverness	Garioch	1
1:10.19	478		09/05/09	Westhill 15th Invitational	Westhill	Garioch	2
1:10.25	477		13/12/08	SASA North District AG	Inverness	Garioch	1
1:10.45	472		07/03/09	SASA North District Champ	Inverness	Garioch	1
1:11.21	457		07/03/09	SASA North District Champ	Inverness	Garioch	1
1:12.18	439		01/03/08	North District AG Champs	Inverness	Garioch	2
1:12.23	438		09/05/09	Westhill 15th Invitational	Westhill	Garioch	2
1:13.14	422		08/12/07	North District Age Group	Inverness	Garioch	2
1:13.56	415		05/12/09	North District Age Groups	Inverness	Garioch	1
1:13.79	411		31/05/08	North District Open Champs	Westhill	Garioch	1
1:14.59	398		01/03/08	North District AG Champs	Inverness	Garioch	2
1:16.07	375		12/05/07	Westhill Invitational	Westhill	Garioch	1
1:16.61	367		12/05/07	Westhill Invitational	Westhill	Garioch	1
1:19.84	324		03/03/07	North District Champs	Inverness	Garioch	2
1:21.82	301		10/05/08	Westhill Invitational Meet	Westhill	Garioch	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:06.57	560	F	15/10/22	UoAPS Club Championships	Aberdeen		2
1:05.41	590	F	12/12/20	Tighinn Comhla	Various - Round 3		0
1:06.07	573	H	06/11/16	North District Open Championships	Inverness		1
1:08.43	516	F	21/02/16	Garioch Mix Up Meet 2016	Inverurie	Garioch	2
1:07.91	528	C	14/11/15	SASA North District Grand Prix 2015	Inverness	Garioch	1
1:06.02	574	H	14/11/15	SASA North District Grand Prix 2015	Inverness	Garioch	1
1:05.82	579	H	14/11/15	SASA North District Grand Prix 2015	Inverness	Garioch	1
1:09.49	492	F	05/10/14	SASA North District Open Meet	Inverness	Garioch	1
1:07.16	545	H	05/10/14	SASA North District Open Meet	Inverness		1
1:06.46	563	F	22/03/14	SASA North District Age Group Champs	Fraserburgh	Garioch	1
1:06.39	565	H	22/03/14	SASA North District Age Group Champs	Fraserburgh	Garioch	1
1:07.03	549	F	03/03/13	SASA North District Age Group Championship	Inverness	Garioch	1
1:05.93	577	H	03/03/13	SASA North District Age Group Championship	Inverness	Garioch	1
1:06.67	558	F	02/02/13	Aberdeen Mitchell Trophy 2013	Inverness	Garioch	2
1:06.77	555	H	02/02/13	Aberdeen Mitchell Trophy 2013	Inverness	Garioch	2
1:07.20	544	H	16/12/12	Scottish Gas National SC Championships	Edinburgh	Garioch	1
1:08.08	524	F	17/11/12	ND Open Championships & Scottish GP	Inverness	Garioch	1
1:06.79	555	H	17/11/12	ND Open Championships & Scottish GP	Inverness	Garioch	1
1:05.40	591	H	21/10/12	BG ASA National County Team Division 1	Sheffield	Garioch	2
1:07.67	533	F	03/03/12	North District Age Group Championships	Peterhead	Garioch	2
1:09.10	501	H	03/03/12	North District Age Group Championships	Peterhead	Garioch	2
1:06.14	571	C	18/12/11	Scottish Gas National Short Course Open	Inverness	Garioch	1
1:06.13	571	H	18/12/11	Scottish Gas National Short Course Open	Inverness	Garioch	1
1:05.65	584		12/11/11	Aberdeen Mitchell Trophy 2011	Inverness	Garioch	2
1:05.61	585		12/11/11	Aberdeen Mitchell Trophy 2011	Inverness	Garioch	2
1:06.37	565	F	08/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
1:07.08	547	H	08/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
1:08.67	510	F	05/03/11	North District Age Group Meet	Inverness	Garioch	1
1:07.73	532	H	05/03/11	North District Age Group Meet	Inverness	Garioch	1

1:08.75	508	H	09/01/11	British Gas Scottish National SC Open	Glasgow	Garioch	1
1:07.27	543	F	09/11/10	Scottish Schools Heat Meet	Aberdeen	Garioch	2
1:13.56	415		05/12/09	North District Age Groups	Inverness	Garioch	1
1:08.49	514		08/11/09	Aberdeen Mitchell Trophy	Inverness	Garioch	2
1:08.06	524		08/11/09	Aberdeen Mitchell Trophy	Inverness	Garioch	2
1:12.23	438		09/05/09	Westhill 15th Invitational	Westhill	Garioch	2
1:10.19	478		09/05/09	Westhill 15th Invitational	Westhill	Garioch	2
1:11.21	457		07/03/09	SASA North District Champ	Inverness	Garioch	1
1:10.45	472		07/03/09	SASA North District Champ	Inverness	Garioch	1
1:10.25	477		13/12/08	SASA North District AG	Inverness	Garioch	1
1:13.79	411		31/05/08	North District Open Champs	Westhill	Garioch	1
1:21.82	301		10/05/08	Westhill Invitational Meet	Westhill	Garioch	2
1:14.59	398		01/03/08	North District AG Champs	Inverness	Garioch	2
1:12.18	439		01/03/08	North District AG Champs	Inverness	Garioch	2
1:13.14	422		08/12/07	North District Age Group	Inverness	Garioch	2
1:16.61	367		12/05/07	Westhill Invitational	Westhill	Garioch	1
1:16.07	375		12/05/07	Westhill Invitational	Westhill	Garioch	1
1:19.84	324		03/03/07	North District Champs	Inverness	Garioch	2