

Individual Best Times (All Time)

Orla Adams - (371422) - University of Aberdeen Performan - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.73	554	H	11/11/18	Aberdeen ASC Nifty 50s + 2018	Aberdeen	UoAPS	2
30.84	548	F	15/10/22	UoAPS Club Championships	Aberdeen		2
30.88	546	H	03/11/19	AASC Nifty Fifties 2019	Aberdeen	UoAPS	2
30.90	545	F	11/11/18	Aberdeen ASC Nifty 50s + 2018	Aberdeen	UoAPS	2
31.00	540	F	13/11/22	Aberdeen Nifty 50s	Aberdeen		2
31.09	535	F	26/06/21	Tighinn Comhla	Various		0
31.16	532	F	03/11/19	AASC Nifty Fifties 2019	Aberdeen	UoAPS	2
31.21	529	H	13/11/22	Aberdeen Nifty 50s	Aberdeen		2
31.40	519	H	05/11/16	North District Open Championships	Inverness	Garioch	1
31.43	518	H	29/10/17	Aberdeen ASC Nifty 50s + 2017	Aberdeen	UoAPS	2
31.51	514	H	16/11/12	ND Open Championships & Scottish GP	Inverness	Garioch	1
31.64	508	F	28/11/20	Tighinn Comhla	Various - Round 2		0
31.69	505	F	29/10/17	Aberdeen ASC Nifty 50s + 2017	Aberdeen	UoAPS	2
31.72	504	F	07/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
31.78	501	R	21/10/12	BG ASA National County Team Division 1	Sheffield	Garioch	2
31.80	500	F	13/11/22	Aberdeen Nifty 50s	Aberdeen		2
31.93	494	F	10/09/11	Garioch Scotframe 200	Inverurie	Garioch	2
32.00	491	F	21/09/13	Garioch 200 Open Meet	Westhill	Garioch	2
32.02	490	H	07/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
32.03	489	F	14/10/17	Garioch ASC G200 2017	Inverurie	UoAPS	2
32.07	488	F	13/10/18	Garioch ASC G200 2018	Garioch	UoAPS	2
32.20	482	H	17/12/11	Scottish Gas National Short Course Open	Inverness	Garioch	1
32.37	474	F	21/02/15	Garioch Mix Up Meet 2015	Inverurie	Garioch	2
32.41	472	F	12/10/19	Garioch 200	Inverurie	UoAPS	2
32.51	468	F	21/01/17	Garioch Mix Up Meet 2017	Garioch	Garioch	2
32.56	466	F	20/02/16	Garioch Mix Up Meet 2016	Inverurie	Garioch	2
32.60	460	F	15/10/16	Garioch 200 Meet 2016	Inverurie	Garioch	2

32.69	400	F	13/10/16	Garioch 200 Meet 2016	Inverurie	Garioch	2
32.75	458	F	12/09/15	Garioch G200 2015	Garioch	Garioch	2
32.82	455	F	08/09/12	Garioch 200 Open Meet 2012	Aberdeenshire	Garioch	2
33.44	430	F	11/09/10	Garioch Open 200 Meet	Inverurie	Garioch	2
34.62	387		09/05/09	Westhill 15th Invitational	Westhill	Garioch	2
34.72	384		12/09/09	Garioch 200 Open Mt 2009	Inverurie	Garioch	2
35.49	360		10/11/07	Aberdeen Mitchell Trophy	Westhill	Garioch	2
36.59	328		10/05/08	Westhill Invitational Meet	Westhill	Garioch	2
36.82	322		12/05/07	Westhill Invitational	Westhill	Garioch	1
44.31	185	H	25/02/06	Gloucester County Champs	Gloucester	Garioch	2

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.80	500	F	13/11/22	Aberdeen Nifty 50s	Aberdeen		2
31.00	540	F	13/11/22	Aberdeen Nifty 50s	Aberdeen		2
31.21	529	H	13/11/22	Aberdeen Nifty 50s	Aberdeen		2
30.84	548	F	15/10/22	UoAPS Club Championships	Aberdeen		2
31.09	535	F	26/06/21	Tighinn Comhla	Various		0
31.64	508	F	28/11/20	Tighinn Comhla	Various - Round 2		0
31.16	532	F	03/11/19	AASC Nifty Fifties 2019	Aberdeen	UoAPS	2
30.88	546	H	03/11/19	AASC Nifty Fifties 2019	Aberdeen	UoAPS	2
32.41	472	F	12/10/19	Garioch 200	Inverurie	UoAPS	2
30.90	545	F	11/11/18	Aberdeen ASC Nifty 50s + 2018	Aberdeen	UoAPS	2
30.73	554	H	11/11/18	Aberdeen ASC Nifty 50s + 2018	Aberdeen	UoAPS	2
32.07	488	F	13/10/18	Garioch ASC G200 2018	Garioch	UoAPS	2
31.69	505	F	29/10/17	Aberdeen ASC Nifty 50s + 2017	Aberdeen	UoAPS	2
31.43	518	H	29/10/17	Aberdeen ASC Nifty 50s + 2017	Aberdeen	UoAPS	2
32.03	489	F	14/10/17	Garioch ASC G200 2017	Inverurie	UoAPS	2
32.51	468	F	21/01/17	Garioch Mix Up Meet 2017	Garioch	Garioch	2
31.40	519	H	05/11/16	North District Open Championships	Inverness	Garioch	1
32.69	460	F	15/10/16	Garioch 200 Meet 2016	Inverurie	Garioch	2
32.56	466	F	20/02/16	Garioch Mix Up Meet 2016	Inverurie	Garioch	2
32.75	458	F	12/09/15	Garioch G200 2015	Garioch	Garioch	2
32.37	474	F	21/02/15	Garioch Mix Up Meet 2015	Inverurie	Garioch	2
32.00	491	F	21/09/13	Garioch 200 Open Meet	Westhill	Garioch	2
31.51	514	H	16/11/12	ND Open Championships & Scottish GP	Inverness	Garioch	1
31.78	501	R	21/10/12	BG ASA National County Team Division 1	Sheffield	Garioch	2
32.82	455	F	08/09/12	Garioch 200 Open Meet 2012	Aberdeenshire	Garioch	2
32.20	482	H	17/12/11	Scottish Gas National Short Course Open	Inverness	Garioch	1
31.93	494	F	10/09/11	Garioch Scotframe 200	Inverurie	Garioch	2
31.72	504	F	07/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
32.02	490	H	07/05/11	Westhill EnQuest Invitational Meet	Westhill	Garioch	2
33.44	430	F	11/09/10	Garioch Open 200 Meet	Inverurie	Garioch	2
34.72	384		12/09/09	Garioch 200 Open Mt 2009	Inverurie	Garioch	2
34.62	387		09/05/09	Westhill 15th Invitational	Westhill	Garioch	2
36.59	328		10/05/08	Westhill Invitational Meet	Westhill	Garioch	2
35.49	360		10/11/07	Aberdeen Mitchell Trophy	Westhill	Garioch	2
36.82	322		12/05/07	Westhill Invitational	Westhill	Garioch	1
44.31	185	H	25/02/06	Gloucester County Champs	Gloucester	Garioch	2