

# Individual Best Times (All Time)

Ryan Sykes - (371207) - West Norfolk Swimming Club - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
55.79	519	H	08/03/15	Norfolk County Championships	Thetford	West Norfolk	2
56.15	509	F	19/04/15	Newmarket & District Seventh Open Meet	Newmarket		3
56.27	506	F	08/03/15	Norfolk County Championships	Thetford	West Norfolk	2
56.36	503	H	08/11/15	ASA East Region Winter Championships 2015	Luton	West Norfolk	2
56.37	503	H	22/11/15	Golden Eagle Meet 2015	Bletchley	West Norfolk	2
56.59	497	H	12/07/15	West Norfolk Club Championships 2015	Downham	West Norfolk	4
56.65	495	F	06/04/14	Newmarket & District Sixth Open Meet	Newmarket	West Norfolk	3
56.99	487	H	28/01/17	Norfolk ASA County Championships 2017	Norfolk	West Norfolk	2
57.26	480	F	28/01/17	Norfolk ASA County Championships 2017	Norfolk	West Norfolk	2
57.45	475	H	09/03/14	Norfolk County Champs & AG Comp	Thetford	West Norfolk	2
57.46	475	H	07/12/14	ASA East Region Winter Championships	Luton	West Norfolk	2
57.51	473	H	11/05/13	Braintree & Bocking Spring Festival Meet	Braintree	West Norfolk	3
57.59	472	F	09/03/14	Norfolk County Champs & AG Comp	Thetford	West Norfolk	2
57.79	467	H	10/05/14	Braintree & Bocking Spring Festival	Braintree	West Norfolk	3
57.81	466	H	21/02/16	Norfolk County Championships 2016	Thetford	West Norfolk	2
57.85	465	F	03/11/13	Teamipswich Swimming November Open Meet	Ipswich	West Norfolk	3
58.13	458	F	19/01/14	Teamipswich January Last Chance Meet	Ipswich	West Norfolk	3
58.22	456	F	21/12/13	City of Peterborough Winter Open Meet	Peterborough	West Norfolk	3
58.33	454	F	02/11/14	Teamipswich Open Meet	Ipswich		3
58.38	453	F	05/10/14	Dereham Icenl Level 3 Open Meet	Dereham	West Norfolk	3
58.53	449	F	21/04/13	Newmarket & District SC Fifth Open Meet	Newmarket	West Norfolk	3
58.86	442	F	29/09/13	Dereham & District ASC ICENI	Dereham	West Norfolk	3
59.06	437	H	10/03/13	Norfolk County Championships	Thetford	West Norfolk	2
59.11	436	H	03/09/16	West Norfolk Club Championships (round 2) 2016	Kings Lynn	West Norfolk	4
59.27	433	H	28/05/17	Chatteris Kingfishers & March Marlins Fenland Open	Whittlesey	West Norfolk	3
59.40	430	F	06/04/13	City of Peterborough Licensed Open	Peterborough	West Norfolk	2
1:00.05	410	H	12/01/13	Cambridge 2013 January Open Meet	Cambridge	West Norfolk	3

1:00.33	410	H	13/01/13	Cambridge 2013 January Open Meet	Cambridge	West Norfolk	2
1:00.92	398	F	03/10/15	UEA City of Norwich SC Halloween Howler 2015	Norwich		2
1:01.03	396	H	11/03/12	Norfolk County Championships	Thetford	West Norfolk	2
1:01.13	394	F	11/03/12	Norfolk County Championships	Thetford	West Norfolk	2
1:01.76	382	H	28/10/12	Teamipswich 14th Open Meet	Ipswich	West Norfolk	2
1:03.64	349	F	13/05/12	West Suffolk Open Meet	Bury St Edmunds	West Norfolk	3
1:05.71	317		15/04/12	City Of Leicester 2012 Age Group Meet	Braunstone	West Norfolk	2
1:08.76	277	H	09/07/11	City of Norwich Midsummer Madness	Norwich	West Norfolk	3
1:12.25	239	H	29/05/11	Fenland Open Meet	Whittlesey	West Norfolk	4

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