

# Individual Best Times (All Time)

Ryan Sykes - (371207) - West Norfolk Swimming Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
30.75	371	H	28/02/15	Norfolk County Championships	Thetford	West Norfolk	2
31.13	358	F	18/01/15	UEA City of Norwich January Resolution Meet	Norwich		3
31.14	357	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket		3
31.28	353	H	13/03/16	West Norfolk Open Meet 2016	Kings Lynn	West Norfolk	3
31.55	344	F	21/12/13	City of Peterborough Winter Open Meet	Peterborough	West Norfolk	3
31.62	341	H	12/05/13	Braintree & Bocking Spring Festival Meet	Braintree	West Norfolk	3
31.89	333	F	02/11/14	Teamipswich Open Meet	Ipswich		3
31.98	330	H	13/02/16	Norfolk County Championships 2016	Thetford	West Norfolk	2
32.07	327	F	21/12/13	City of Peterborough Winter Open Meet	Peterborough	West Norfolk	3
32.43	316	H	01/03/14	Norfolk County Champs & AG Comp	Thetford	West Norfolk	2
32.45	316	F	05/04/14	Newmarket & District Sixth Open Meet	Newmarket	West Norfolk	3
32.53	313	H	02/03/13	Norfolk County Championships	Thetford	West Norfolk	2
32.54	313	H	19/12/15	Chesterfield Winter Open Championships	Chesterfield	West Norfolk	3
32.76	307	F	28/09/13	Dereham & District ASC ICENI	Dereham	West Norfolk	3
33.88	277	H	03/03/12	Norfolk County Championships	Thetford	West Norfolk	2
48.26	96	H	10/03/07	Norfolk County Champs	Thetford	West Norfolk	2

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31.98	330	H	13/02/16	Norfolk County Championships 2016	Thetford	West Norfolk	2
32.54	313	H	19/12/15	Chesterfield Winter Open Championships	Chesterfield	West Norfolk	3
31.14	357	F	18/04/15	Newmarket & District Seventh Open Meet	Newmarket		3
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33.88	277	H	03/03/12	Norfolk County Championships	Thetford	West Norfolk	2
48.26	96	H	10/03/07	Norfolk County Champs	Thetford	West Norfolk	2