

# Individual Best Times (All Time)

Lauren Wilson - (365315) - Boldmere Swimming and Water Polo - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:38.40	573	H	16/10/15	Boldmere SC Open Meet 2015	Boldmere		3
4:46.41	526		20/04/14	City of Birmingham 21st Open Meet	Birmingham	Boldmere	2
4:50.40	505	H	23/01/15	Boldmere Distance Time Trials	Stechford		4
4:55.24	480	H	25/10/13	Worcester SC 17th Open Meet	Worcester	Boldmere	3
5:06.06	431		18/11/12	Boldmere SC Level 2 Open Meet	Boldmere	Boldmere	2
5:07.22	426		01/07/12	Boldmere SC Water Carnival 2012	Stechford	Boldmere	3
5:07.46	425		31/03/13	City of Birmingham SC 20th Open Meet	Birmingham	Boldmere	2
5:08.13	422	H	06/10/12	Derventio Excel Swim Squad 2nd L2 Meet	Derby	Boldmere	2
5:16.97	388	F	13/05/12	Gloucester City SC L2 Open Meet	Gloucester	Boldmere	2
5:27.94	350		20/11/11	Boldmere Level 2 Open Meet	Boldmere	Boldmere	2
5:31.02	341		26/11/11	Nuneaton & Bedworth 100 200 400 Open Mt	Nuneaton	Boldmere	2
5:32.87	335		03/07/11	Boldmere Water Carnival	Birmingham	Boldmere	3
5:34.11	331	H	21/10/11	Worcester SC Open Meet	Worcester	Boldmere	3
5:39.51	316		20/11/10	Boldmere Open Meet	Birmingham	Boldmere	2
5:50.37	287	H	22/10/10	Worcester 14th Open Meet	Worcester	Boldmere	3
5:50.74	286		04/07/10	Boldmere Water Carnival	Birmingham	Boldmere	3
6:09.57	245		04/04/10	City of Birmingham 17th Meet	Birmingham	Boldmere	2

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:38.40	573	H	16/10/15	Boldmere SC Open Meet 2015	Boldmere		3
4:50.40	505	H	23/01/15	Boldmere Distance Time Trials	Stechford		4
4:46.41	526		20/04/14	City of Birmingham 21st Open Meet	Birmingham	Boldmere	2
4:55.24	480	H	25/10/13	Worcester SC 17th Open Meet	Worcester	Boldmere	3
5:07.46	425		31/03/13	City of Birmingham SC 20th Open Meet	Birmingham	Boldmere	2
5:06.06	431		18/11/12	Boldmere SC Level 2 Open Meet	Boldmere	Boldmere	2

5:08.13	422	H	06/10/12	Derventio Excel Swim Squad 2nd L2 Meet	Derby	Boldmere	2
5:07.22	426		01/07/12	Boldmere SC Water Carnival 2012	Stechford	Boldmere	3
5:16.97	388	F	13/05/12	Gloucester City SC L2 Open Meet	Gloucester	Boldmere	2
5:31.02	341		26/11/11	Nuneaton & Bedworth 100 200 400 Open Mt	Nuneaton	Boldmere	2
5:27.94	350		20/11/11	Boldmere Level 2 Open Meet	Boldmere	Boldmere	2
5:34.11	331	H	21/10/11	Worcester SC Open Meet	Worcester	Boldmere	3
5:32.87	335		03/07/11	Boldmere Water Carnival	Birmingham	Boldmere	3
5:39.51	316		20/11/10	Boldmere Open Meet	Birmingham	Boldmere	2
5:50.37	287	H	22/10/10	Worcester 14th Open Meet	Worcester	Boldmere	3
5:50.74	286		04/07/10	Boldmere Water Carnival	Birmingham	Boldmere	3
6:09.57	245		04/04/10	City of Birmingham 17th Meet	Birmingham	Boldmere	2