

Individual Best Times (All Time)

Kate McQuaid - (363301) - Hatfield SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:35.15	594	H	14/12/14	Team Luton Development 2014 Meet	Luton		3
4:36.65	584	F	12/05/12	Hatfield SC UK Challenge	Hatfield	Hatfield	2
4:38.52	572	H	04/12/11	BG East Region Winter Championships	Norwich	Hatfield	2
4:39.46	566	F	24/03/12	Hertfordshire ASA County Championships	Borehamwood	Hatfield	2
4:44.29	538	H	02/12/12	ASA East Region Winter Championships	Cambridge	Hatfield	2
4:46.00	528	F	05/11/11	City of Norwich The Big Bang 2011	Norwich	Hatfield	2
4:55.63	478		08/05/11	London Borough of Enfield Open Meet	Enfield	Hatfield	3
4:58.90	463	F	19/03/11	Hertfordshire County Championships	Borehamwood	Hatfield	2
5:00.05	458		22/01/11	Biggleswade 12th Open Meet	Biggleswade	Hatfield	3
5:05.36	434	F	16/05/10	Hatfield UK Challenge	Hatfield	Hatfield	2
5:09.80	416		04/12/10	Nuneaton & Bedworth Open	Nuneaton	Hatfield	2
5:13.47	401		30/10/10	Edmonton Phoenix Meet	Enfield	Hatfield	2
5:13.65	401	F	07/03/10	Hertfordshire County Meet	Borehamwood	Hatfield	2
5:20.09	377		21/11/09	Milton Keynes 502400 Open	Milton Keynes	Hatfield	2
5:52.43	282		25/04/09	City of Milton Keynes Mt	Milton Keynes	Hatfield	2

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