

Individual Best Times (All Time)

David Colley - (363024) - City of Cardiff - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:52.90	515	F	05/11/16	Welsh Capital Open Meet	Cardiff	Co Cardiff	2
4:56.21	498	H	03/12/11	BG SWR Short Course Championships	Millfield	Mt Kelly	2
5:01.21	473		07/11/10	East District Champs	Glenrothes	Mt Kelly	1
5:03.38	463	F	10/03/12	Devon County Championships	Plymouth	Mt Kelly	2
5:04.14	460		02/10/11	City of Plymouth Annual Meet	Plymouth	Mt Kelly	3
5:04.89	456		02/05/10	Incas Distance Meet	Kirkcaldy	Mt Kelly	2
5:09.72	435		17/01/10	Scottish National Champs	Glasgow	Mt Kelly	1
5:11.79	427	F	05/06/10	East District Open Champs	Glenrothes	Mt Kelly	2
5:14.62	415		08/11/09	Aberdeen Mitchell Trophy	Inverness	Mt Kelly	2
5:16.80	407	F	31/10/09	East District Age Group	Glenrothes	Mt Kelly	1
5:18.96	398		21/06/09	Incas Distance Meet	Glenrothes	Mt Kelly	2
5:38.31	334		01/11/08	SASA East District AG	Glenrothes	Mt Kelly	1
5:41.32	325		17/05/08	SASA West District Grp 3	Larkhall	Mt Kelly	2
5:48.34	306		16/02/08	North Ayrshire 200 Meet	Auchenharvie	Mt Kelly	2
5:48.71	305		24/11/07	West District Group 6	Grangemouth	Mt Kelly	2

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