

Individual Best Times (All Time)

Alice Gowing - (362961) - South Lincs Competitive SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.91	446	F	02/05/15	31st Tulip Open Meet	Spalding	South Lincs	3
1:14.98	428	F	03/05/14	South Lincs CSC Tulip Open Meet	Spalding	South Lincs	3
1:16.14	408	F	29/11/14	South Lincs CSC Club Championships 2014	Spalding	South Lincs	4
1:16.83	397	F	30/04/16	South Lincs Tulip Meet 2016	Spalding	South Lincs	3
1:18.95	366	F	17/07/16	SLCSC Club Championships	Spalding	South Lincs	3
1:19.20	363	F	15/10/13	South Lincs CSC Club Championships 2013	Spalding	South Lincs	4
1:22.21	324	F	04/05/13	South Lincs SC Tulip Open Meet	Spalding	South Lincs	3
1:23.21	313	H	03/03/13	Lincolnshire County Championships	Louth	South Lincs	2
1:26.32	280	H	04/03/12	Lincolnshire County Championships	Louth	South Lincs	2
1:34.88	211	H	19/03/11	Lincolnshire County Championships	Grantham	South Lincs	2
1:36.67	199	H	25/07/10	Bradford End of Season	Shipley	South Lincs	3
1:38.81	187	H	27/03/10	Lincolnshire County Championships	Louth	South Lincs	2
1:49.83	136	H	26/07/09	City of Bradford Meet	Shipley	South Lincs	3

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