

Individual Best Times (All Time)

Alice Gowing - (362961) - South Lincs Competitive SC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.49	470	H	22/03/14	63rd Annual Lincolnshire County Champs	Louth	South Lincs	2
29.79	456	F	19/10/14	South Lincs CSC Club Championships 2014	Spalding	South Lincs	4
29.79	456	F	23/11/14	Guildford City County Qualifier Meet	Guildford	South Lincs	2
29.87	452	F	04/05/14	South Lincs CSC Tulip Open Meet	Spalding	South Lincs	3
30.06	443	F	22/12/13	City of Peterborough Winter Open Meet	Peterborough	South Lincs	3
30.08	442	F	03/05/15	31st Tulip Open Meet	Spalding	South Lincs	3
30.13	440	H	28/06/15	Lincoln Vulcans Grantham L3 Open Meet	Grantham	South Lincs	3
30.43	427	H	06/02/16	Lincolnshire County Championships 2016	Louth	South Lincs	2
30.73	415	F	22/12/13	City of Peterborough Winter Open Meet	Peterborough	South Lincs	3
30.84	411	H	16/11/13	Mansfield Major Oak Meet	Mansfield	South Lincs	3
31.23	395	F	18/10/15	South Lincs Club Championships 2015	Spalding	South Lincs	3
31.38	390	H	01/10/16	Modernian Golden Eagle Meet	Bletchley	South Lincs	2
31.61	381	F	15/11/13	South Lincs CSC Club Championships 2013	Spalding	South Lincs	4
31.72	377	F	16/07/16	SLCSC Club Championships	Spalding	South Lincs	3
32.76	342	F	05/05/13	South Lincs SC Tulip Open Meet	Spalding	South Lincs	3
32.96	336	H	17/11/12	Mansfield Major Oak Meet	Mansfield	South Lincs	3
33.22	328	H	16/03/13	Lincolnshire County Championships	Louth	South Lincs	2
35.35	272	H	19/11/11	Mansfield SC Major Oak Open Meet	Mansfield	South Lincs	3
36.51	247	H	20/11/10	Mansfield Major Open Meet	Mansfield	South Lincs	3
36.58	246	H	23/07/11	City of Bradford End of Season Meet	Bradford	South Lincs	3
37.85	222	H	20/03/10	Lincolnshire County Championships	Grantham	South Lincs	2
38.67	208	F	10/04/11	City of Peterborough Open Meet	Peterborough	South Lincs	2
38.73	207	H	24/07/10	Bradford End of Season	Shipley	South Lincs	3
39.34	198	H	21/11/09	Mansfield Major Oak Meet	Mansfield	South Lincs	2
43.88	142	H	25/07/09	City of Bradford Meet	Shipley	South Lincs	3

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