

Individual Best Times (All Time)

Niamh McDonagh - (359750) - Rushmoor Royals SC - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:08.96	550	H	11/12/11	Rushmoor Royals SC Club Championships	Aldershot	Lboro Uni	4
1:09.61	535	H	15/12/12	Rushmoor Royals Club Championships	Aldershot	Lboro Uni	4
1:11.09	502		07/11/10	South East Region Champs	Portsmouth	Lboro Uni	2
1:11.65	490	H	03/12/10	Rushmoor Royals Champs	Aldershot	Lboro Uni	4
1:13.95	446	H	05/12/09	Tigersharks Christmas Mt	Swindon	Lboro Uni	3
1:14.27	440		13/03/10	Hampshire County Champs	Southampton	Lboro Uni	2
1:14.91	429	H	18/12/09	Rushmoor Royals Club Chmp	Aldershot	Lboro Uni	4
1:26.20	281	H	18/12/08	Rushmoor Royals Club Chmps	Aldershot	Lboro Uni	4
1:26.98	274	H	06/12/08	Havant & Waterloo PB Open	Waterlooville	Lboro Uni	3
1:39.53	183	H	13/12/07	Rushmoor Royal Champ 2007	Various	Lboro Uni	4

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